

Catoctin Creek Nature Center

Sensory Trail



Our goal is to share the joy of nature with others and foster a greater appreciation for the natural world.



Our 0.1 mile sensory trail includes twelve interactive touch, smell and listening stations, as well as eight tree bark touch stations. We installed a specially designed guide rope along our sensory trail to lead visitors with vision impairments and children with special needs up and down gradual hills and turns through three different wildlife habitats.

We are happy to accommodate school groups, scout troop, or community group. We have developed a Sensory Trail Field Trip Program for Pre-K through 3rd grade students.

Reservations are required. For more information on this program or to make a reservation please call: **301-600-2051**

Due to the soft substrate and the upgrade slopes this trail is not recommended for wheel chairs.



How Can I help?

We are always looking for motivated volunteers who are interested in assisting with this project.

Please contact the Park Naturalist, Susan Matthews at: smatthews@frederickcountymd.gov

We would like to thank the following groups & individuals for helping make this project possible: Dawne Howard for inspiring this project, Frederick County Parks Crews, Maggie Walker, Garrett Johnson, The Middletown Lions Club, The ARC of Frederick, Leader Dog, Wags for Hope, our local boy & girl scout troops, Frederick County Nature Council, and our Nature Center volunteers. Thank you!

Catoctin Creek Nature Center



Catoctin Creek Park & Nature Center opened in February of 2011. Catoctin Creek Park has 139 acres and includes 4 miles of trails which follow the beautiful Catoctin Creek, and meander through forests, and meadows.

Catoctin Creek Nature Center is a 6,000 square foot green building which features a green roof, hydrothermal heating & cooling system. Our nature center has many green features that decrease the amount of energy needed to operate the building.

Nature Center Hours:

	April-Oct.	Nov.-March
M	Closed	Closed
Tu-F	Noon-6:00 pm	Noon-5:00 pm
Sa	10:00 am-6:00 pm	10:00 am-5:00 pm
Su	Noon-6:00 pm	Noon-5:00 pm

Park Hours:

	April-Oct.	Nov.-March
Tu-Su	8:00 am-Sunset	8:00 am-5:00 pm

Park Amenities

- Green nature center building
- Historic ruins including (bank barn, ice house, and smoke house)
- Two outdoor covered pavilions
- Outdoor Water Fountains
- Grills
- Children's Playground
- Campfire ring
- Fishing
- Geocaching Activities

Directions to the Park

Location

2929 Sumantown Rd.
Middletown, MD 21769
Phone: 301-600-2051

Directions

1. Take US-15 S/US-340 W. exit towards Leesburg / Charles Town (5.1 miles)
2. Merge onto US-340 W. Take the Lander Road exit towards Jefferson (.2 miles)
3. Turn right onto Lander Rd. (.1 miles)
4. Turn left onto Jefferson Pike/ MD-180 (.8 miles)
5. Turn right onto Broad Run Rd./ MD-383 (2.4 miles)
6. Turn right to stay on MD-383/ Broad Run Rd. (1 mile)
7. Turn right onto Sumantown Rd. (.3 miles)
8. Park will be on the right (1 mile)