

CAC Executive Board Meeting Minutes
Thursday May 16, 2019 CSD Conference Room – 1:00 PM

Present: Robin Grove-CAC, Patty McArdle-Friends of the CAC, Cheryl Grau-Frederick County Department of Social Services, Katherine Murray-Frederick Memorial Hospital and Arielle Bender-CAC

I. Welcome and Sign In

II. Director's Report

a. Highlights

i. Connectivity

- a. Robin Grove shared photos of two decorative birds that were installed in the healing garden in remembrance of a past client. The birds were requested by the client's sister as a special memorial.

ii. Program Statistics

- a. The statistics for the quarter were presented. 66 children were served in the quarter.
- b. 49 cases were referred to the center, some cases involve multiple children.
- c. 43 forensic Interviews were conducted in the quarter.
- d. 12 medical exams were completed by the CAC medical staff
- e. 18 children and 18 non-offending Caregivers received therapy services.

iii. Program Activities

- a. Handle with Care program was discussed. Frederick County had approximately 25% of all the Handle with Care notices reported in the state.
- b. ACEs program was discussed and the Board was updated on the Trauma-Informed Yoga workshops being delivered to teacher groups in Title I elementary schools. The program will be completed next month and we hope to expand the program to 5 additional elementary schools next year. Participants' survey responses indicate positive feedback, commenting that the techniques learned are beneficial.

iv. Public Relations Activities

- a. CAC staff have been to several events in the community this quarter. They have attended Frederick Business and Professional Women's Club

meeting and attended the screening of “Little Stones” at Hood College. Jenny Veith presented at a state-wide MCA meeting, staff presented at the CHAMPS Forensic Nursing Training and staff participated in HTRT community meetings. Kristen Dunn and Robin Grove presented at the FPD sponsored forum, “Having Difficult Conversations with you Children.”

III. New Business

- a. A discussion took place about Robin Grove potentially providing forensic interviews as a backup when necessary. It was decided by the members of the board present that it should be discussed further with additional members, but the present members had no issue with the request.
- b. The board was updated that the funds from the CAC Community Foundation account were transferred to the Friends of the CAC and will be designated to be used for training.

Next meeting August 15, 2019 at 1:00 pm