

Frederick County Commission For Women

401 Sagner Avenue
Frederick, MD 21701
(301) 600-1066

CFW@FrederickCountyMD.gov

www.FrederickCountyMD.gov/fccfw

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Public Meeting Minutes

January 14th, 2020

7:00 pm, Winchester Hall, Frederick MD 21701 (3rd Floor Conference Room)

COMMISSIONERS

Lakshmi Darbha
President

Melissa Atherholt
Vice President

Shauna Mulcahy
Recorder

Valerie Dougherty
Treasurer

Cindy Shubin
Member-at-Large

Rosario Campos
Karen Czapanskiy
Lois Jarman
Maura Page
Desiree Tucker
Marguerite Vacca-Kaye
Tara Woodward

The Commission for Women meets the second Tuesday of every month (except July) at 7:00pm. The public is invited.

The Commission for Women is affiliated with Frederick County Government

Commissioners Present: Rosario Campos, Shauna Mulcahy, Lakshmi Darbha, Maura Page, Desiree Tucker, Cindy Shubin, Melissa Atherholt, Lois Jarman, Karen Czapanskiy, Marguerite Vacca-Kaye, Valerie Dougherty, Tara Woodward
Guests: Barbara May, Kaitlin Moore, Chelsea Kadish, Carmen Kaarid, Sarah Ford, Serena Shirsekar, and Amelia Shaw

President Lakshmi Darbha called the meeting to order at 7:06 pm, a quorum was present.

I. Executive Committee Report

- a. Approval of the December meeting minutes. Rosario Campos made a motion to accept the minutes. Cindy Shubin seconded. The motion passed unanimously.
- b. Treasurer's Report: Valerie
 - i. Valerie reviewed the quarterly report. She shared that there has been discussion pertaining to the Constant Contact fees. The Commission may decide to shift from "Constant Contact" to "Mailchimp" after the RAW Awards.
 - ii. Valerie also discussed that our funding request was due to the County on Jan 15. The Executive Committee discussed and decided to request \$5,000 from the County Executive and continue to ask for support of SheLEADS.

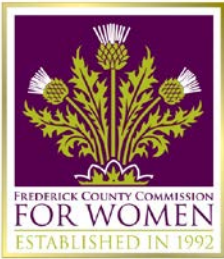
II. Presentation by Barbara May, Director of Family Services, at Frederick County Mental Health Association

- a. Barbara May discussed that Mental Health Association (MHA) is providing peace of mind through education, prevention and intervention. MHA serves approximately 42,500 people annually.
- b. MHA is a trauma-informed agency. The call center (211) is available 24/7-365 days per year.
- c. MHA also has walk-in behavioral health services which provides free, immediate, face to face support for anyone experiencing a non-life threatening

Our Mission: To create a stronger community by addressing challenges and fostering unlimited opportunities for all women.

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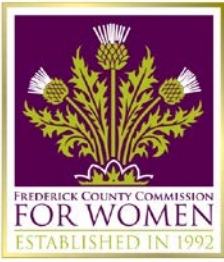
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- emotional, mental, family or relationship crisis. MHA has seen a significant growth and need for this program.
- d. MHA has additional program called FIIP: Families Impacted by Incarceration Program. Parenting classes are being provided in the detention center and workshops are being provided in the community to formerly incarcerated parents/caregivers.
- III. Presentation by SheLEADS Students (Serena, Amelia)**
- a. Maura introduced the SheLEADS presentations. There was a slideshow demonstrating a recap over the past few years and had videos of the speeches that were shared at the Youth Summit. SheLEADS students are going to help with the RAW Awards for the photography contest. They are currently working on a lesson on women’s safety and how to be aware of your surroundings.
- IV. Commission Business**
- a. **Outreach:** Rosario/Lakshmi
 - i. Upcoming events:
 - i. Rosario shared that there is a MLK Pot Luck Dinner at Trinity United Methodist Church on January 20th
 - ii. WLB being held on January 26th. The following people are attending: Karen, Chelsea, Desiree, Maura, Amelia, Rosario, Lakshmi
 - iii. 2nd Human Trafficking Summit on Jan 31st at Hood College
 - b. **Legislative:** Karen
Karen asked if we should consider holding any forums and/or partnering with some organizations on a commemorative events. The legislative committee will meet before our next meeting and come with a proposal.
 - c. **SheLEADS:** Maura
No updates at this time.
 - d. **Human Trafficking:** The Commission for Women will be attending the conference on January 31st at Hood College. There was a motion to approve the \$70.00 attendance fee for Cindy and Rosario. Lakshmi motioned to approve and Karen seconded and it passed unanimously. Tara also shared a list of events called the Cottage Series from Heartly House.
 - e. **Annual Awards Dinner and Event:** Lois and Shauna
 - i. Shauna distributed out sponsorship packets. She will send out a list of sponsors and ask for help in terms of outreach. Polls for voting will be

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issued in a few days. Please help in promoting the event. The “Save the Date” was sent in an email on Sunday Jan 12.

- ii. Lois said the information has been distributed to the schools and the pick-up is scheduled on February 15th.

f. Marketing: Desiree

- i. Desiree has the name badges complete but needs access to a laminator.

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V. Commissioner Announcements

- a. Marguerite – tomorrow the VA House is voting on ERA.
- b. Valerie– NACW Voices of Women has released their survey. Please pass along the information to have people fill out the survey.
- c. Lakshmi: Niki Thrash is coming in February to discuss services at Heartly House.

VI. The meeting was adjourned at 8:46 pm

Next public meeting is February 11th, at 7pm.

The Frederick County Commission for Women entered a closed session following the adjournment of the public meeting. Shauna Mulcahy made a motion to nominate Kaitlin Moore to the Commission and Rosario Campos seconded. All voted in favor and the motion passed unanimously.

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