

## Frederick County Commission For Women

401 Sagner Avenue  
Frederick, MD 21701  
(301) 600-1066

CFW@FrederickCountyMD.gov

www.FrederickCountyMD.gov/fccfw

www.Facebook.com/fccfw



### Public Meeting Minutes

February 11th, 2020

7:00 pm, Winchester Hall, Frederick MD 21701 (3rd Floor Conference Room)

#### COMMISSIONERS

**Lakshmi Darbha**  
*President*

**Melissa Atherholt**  
*Vice President*

**Shauna Mulcahy**  
*Recorder*

**Valerie Dougherty**  
*Treasurer*

**Cindy Shubin**  
*Member-at-Large*

Rosario Campos  
Karen Czapanskiy  
Lois Jarman  
Carmen Kaarid  
Chelsea Kadish  
Kaitlin Moore  
Maura Page  
Desiree Tucker  
Marguerite Vacca-Kaye  
Tara Woodward

*The Commission for Women meets the second Tuesday of every month (except July) at 7:00pm. The public is invited.*

*The Commission for Women is affiliated with Frederick County*

Commissioners Present: Rosario Campos, Shauna Mulcahy, Lakshmi Darbha, Cindy Shubin, Melissa Atherholt, Karen Czapanskiy, Marguerite Vacca-Kaye, Valerie Dougherty, Carmen Kaarid, Kaitlin Moore, Chelsea Kadish  
Commissioners Absent: Maura Page, Desiree Tucker, Lois Jarman, Tara Woodward

Guests: Sarah Ford, Jenny Thomas, Niki Thrash, Jenn Metcalf Tousey

President Lakshmi Darbha called the meeting to order at 7:06 pm, a quorum was present.

#### I. Executive Committee Report

a. Approval of the January meeting minutes. Valerie Dougherty made a motion to accept the minutes. Marguerite Vacca-Kaye seconded. The motion passed unanimously.

b. Congratulations to our three new members! They are: Carmen Kaarid, Chelsea Kadish and Kaitlin Moore

#### II. Presentation by Niki Thrash, Development Director, at Heartly House and Jen Metcalf Tousey, Community Outreach and Prevention Manager at Heartly House

a. Niki and Jen discussed the updated mission statement of Heartly House, which is:

i. The mission of Heartly House is to end domestic violence, sexual assault, human trafficking, and child abuse, and to provide victims with safety, shelter, and supportive services.

ii. They have recently added human trafficking to their mission statement as this is a core focus of the services that Heartly House provides

b. Heartly House is a trauma-informed agency. The hotline is 24 hours per day.

c. Heartly House recently opened The Cottage that allows for space for trainings; there will be a public opening in April. The address is: 324 West Patrick Street. There is also a legal office at 326 West Patrick Street.

d. They also discussed the Sexual Assault Task Force. It is still in the beginning stages of collecting information.

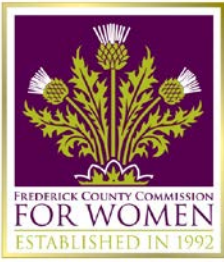
e. Their website is: <https://www.heartlyhouse.org/>

#### III. Commission Business

**Our Mission: To create a stronger community by addressing challenges and fostering unlimited opportunities for all women.**

The FCCFW is a non-partisan organization that does not discriminate on the basis of gender, age, race, ethnicity, sexual orientation, religion, education, employment, economic standing, political affiliation or national origin. © 1993-2019 FCCFW

Rev. 02/05/20



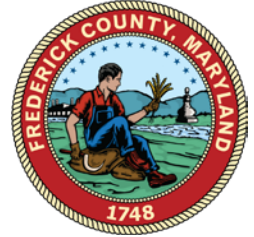
**Frederick County Commission For Women**

401 Sagner Avenue  
Frederick, MD 21701  
(301) 600-1066

CFW@FrederickCountyMD.gov

www.FrederickCountyMD.gov/fccfw

www.Facebook.com/fccfw



**COMMISSIONERS**

**Lakshmi Darbha**  
*President*

**Melissa Atherholt**  
*Vice President*

**Shauna Mulcahy**  
*Recorder*

**Valerie Dougherty**  
*Treasurer*

**Cindy Shubin**  
*Member-at-Large*

Rosario Campos  
Karen Czapanaskiy  
Lois Jarman  
Carmen Kaarid  
Chelsea Kadish  
Kaitlin Moore  
Maura Page  
Desiree Tucker  
Marguerite Vacca-Kaye  
Tara Woodward

*The Commission for Women meets the second Tuesday of every month (except July) at 7:00pm. The public is invited.*

*The Commission for Women is affiliated with Frederick County*

**a. Outreach: Rosario/Lakshmi**

i. Past events:

- i. Rosario shared that there was a wonderful community showing at the MLK Potluck on January 20<sup>th</sup>. Rosario, Lakshmi and Cindy attended the event.
- ii. Lakshmi, Rosario and Cindy attended the Human Trafficking Summit on January 31<sup>st</sup> at Hood College. A lot of great information was shared specifically pertaining to police interactions in relation to this subject matter.

**b. Legislative: Karen**

- a. Karen suggested that we partner with the Frederick County League of Women Voters to find out what their efforts are and work with them in terms of publicity and programming.

**c. SheLEADS: Maura**

No updates at this time.

**d. Human Trafficking: Niki Thrash** will provide the Commission with updates as needed. As there are meetings scheduled, Kaitlin will begin attending them.

**e. Annual Awards Dinner and Event: Lois and Shauna**

- i. Shauna provided an update on guest list and other logistical details. Encouraged Commissioners to promote the event and help solicit sponsors and tickets within the next month.
- ii. Lois joined the meeting over phone for a few minutes for this part of the discussion. Lois shared that there was a hiccup with the schools committing to photography and that she was working on a plan b. Maura was going to see if some students wanted to assist with photography.

**f. Marketing: Desiree**

No updates at this time

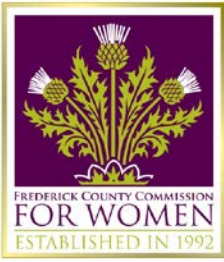
**IV. Commissioner Announcements**

**a. Lakshmi** – shared that she conducted another survey for the female headed households study at the Human Trafficking Summit. She will continue to collect data.

**b. Shauna**– Women’s History Month Proclamation will be at Winchester Hall on Tuesday, March 17<sup>th</sup> at 11:00 AM

**Our Mission: To create a stronger community by addressing challenges and fostering unlimited opportunities for all women.**

The FCCFW is a non-partisan organization that does not discriminate on the basis of gender, age, race, ethnicity, sexual orientation, religion, education, employment, economic standing, political affiliation or national origin. © 1993-2019 FCCFW Rev. 02/05/20



**Frederick County Commission For Women**

401 Sagner Avenue  
Frederick, MD 21701  
(301) 600-1066

CFW@FrederickCountyMD.gov

[www.FrederickCountyMD.gov/fccfw](http://www.FrederickCountyMD.gov/fccfw)

[www.Facebook.com/fccfw](http://www.Facebook.com/fccfw)



**V. The meeting was adjourned at 8:32 pm**

**Next public meeting is March 10th, at 7pm.**

**COMMISSIONERS**

**Lakshmi Darbha**

*President*

**Melissa Atherholt**

*Vice President*

**Shauna Mulcahy**

*Recorder*

**Valerie Dougherty**

*Treasurer*

**Cindy Shubin**

*Member-at-Large*

Rosario Campos

Karen Czapanaskiy

Lois Jarman

Carmen Kaarid

Chelsea Kadish

Kaitlin Moore

Maura Page

Desiree Tucker

Marguerite Vacca-Kaye

Tara Woodward

*The Commission for  
Women meets the  
second Tuesday of every  
month (except July) at  
7:00pm. The public is  
invited.*

*The Commission for  
Women is affiliated with  
Frederick County*

***Our Mission: To create a stronger community by addressing challenges and fostering unlimited opportunities for all women.***

The FCCFW is a non-partisan organization that does not discriminate on the basis of gender, age, race, ethnicity, sexual orientation, religion, education, employment, economic standing, political affiliation or national origin. © 1993-2019 FCCFW

Rev. 02/05/20