

GEAR UP

Join the Excitement!

Become a Volunteer Firefighter or EMT Today!



Frederick County, Maryland



Orientation Training 2019

WHO: All new volunteers, whether operational or non-operational, are encouraged to “GEAR UP” by attending this enriching, educational, and motivational training!

WHAT: Introduction to the Fire Rescue Service in order to prepare volunteers for future training classes.

WHEN: **Class 19-1:** Jan 23 – Feb 13 (M/W Evenings + Sat 2/2)
Class 19-2: Mar 5 – Mar 26 (T/Th Evenings + Sat 3/16)
Class 19-3: April 22 – May 13 (M/W Evenings + Sat 5/4)
Class 19-4: July 9 – Aug 1 (T/Th Evenings + Sat 7/20)
Class 19-5: Oct 7 – Oct 28 (M/W Evenings + Sat 10/19)
Class 19-6: Nov 12 – Dec 5 (T/Th Evenings + Sat 11/23)

[Click to watch GEAR UP Recruitment Video!!](#)

Evening Classes ~ 7:00 pm – 10:00 pm Weekend Classes ~ 7:30 am – 4:00 pm

WHERE: Public Safety Training Facility
5370 Public Safety Place, Frederick, MD 21704

HOW: Register online: [Sign Up for Gear Up!](#) or by contacting Joyce Shry: 301-600-2281 / jshry@frederickcountymd.gov.

Registration closes one week prior to class start date.

Topics Covered:

- Introduction to Frederick County & Fire & Rescue Services, past and present
- Intro to Apparatus
- LOSAP
- MFRI Course Sign-up Instructions
- Tour of Communications & Trooper 3

- CPR
- EEO
- PE/SCBA
- HIPAA
- ICS 100, 200, 700 & 800
- Health Topics
- Safety & Training
- Fire & EMS Definitions



Frederick County Maryland

VOLUNTEER FIRE & RESCUE ASSOCIATION

Established in 1931

