

Commission on Aging

Committee Charter for the Health & Wellness Committee

Purpose: To advocate for programs that support health and wellness for the senior citizens in Frederick County through the Commission on Aging

Objectives:

1. Advocate for senior programs and activities that decrease social isolation, and increase physical activity
2. Advocate for increased caregiver education, access to support services, and assistance with the financial burden of caregiving.
3. Advocate for healthcare services that support independent living
4. Promote more collaboration and engagement between members of the Commission on Aging and other agencies providing health care services to Frederick County Seniors.
5. Advocate for culture relevant senior health services and language assets for limited English proficiency (LEP).

Responsibilities:

1. Participate in the Frederick County Healthcare Coalition and Local Health Improvement process activities to advocate and promote senior health and wellness issues.
2. Collaborate with agencies collecting data and information on healthcare needs for seniors of all ethnic and income levels in Frederick County and facilitate data collection to evaluate the impact and outcome of senior healthcare services provided.
3. Based on data and senior input, make recommendations for needed Health care services to the Commission on Aging.

Membership:

Mary Beachley, Bobbi Speace, Elizabeth Chung

