



NEWS ON WHEELS

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Frederick County MD
Senior Services Division



- Update: The Senior Services Division's website has been updated. We encourage everyone take a look. <https://frederickcountymd.gov/54/Senior-Services-Formerly-Dept-of-Aging>
- The Senior Services Division will be holding a Medicare Workshop on October 30th at 12:30 pm at the Senior Services Division offices. Staff will be providing information concerning Medicare as well as supplemental insurance and answering questions. For questions contact Ian Zile at 301-600-3572.
- Groceries for Seniors will be held November 2nd. All are welcomed to come out and assist with packaging and distribution.
- For questions concerning volunteering within the Senior Services Division, please contact Effie Bryant, Volunteer Coordinator at 301-600-6008; ebryant@frederickcountymd.gov

MOW Volunteer Spotlight

Don M.



Meals on Wheels (MOW) is a perfect fit for Don M.

A commercial driver for more than 30 years and a recipient of a two million mile plaque from the National Safety Council, he thinks nothing of driving the roads of Frederick County to deliver food to clients.

And like other MOW volunteers, he is a chatty, friendly person who has become close to many of those he has served over almost 10 years of delivering food in Frederick County.

Before retiring and becoming a MOW volunteer, Mattingly was an old-fashioned milkman delivering milk door-to-door for Cloverland Dairy and a driver for Maryland Cup Corporation and Shell Oil. He drove for Shell Oil for about 21 years.

While watching television one evening, he was immediately intrigued when he saw a pitch for MOW drivers in Frederick County. When Frederick County was not able to give him a route right away, he contacted Meals on Wheels of Central Maryland and was given a route in Carroll County.

About a month later, Frederick County MOW offered him a route and for six years, he delivered food to clients in Frederick County on Tuesdays and Carroll County on Thursdays.

In Frederick County, he delivered to recipients on the Woodsboro route for almost two years and on the Tuscarora route for eight years. Today, he still delivers the Tuscarora route on Wednesdays.

Don said MOW volunteers are helping some clients who "don't have families and don't have much" remain in their homes. "Who doesn't want to stay in their own home?" he asked. "And we don't just deliver their meals. We check on them too. Five days a week, they've got somebody ringing their doorbell."

Mattingly said he contacts MOW program coordinators if he thinks a client has a problem or needs help.

PETS EAT TOO!



It has come to our attention that several of our Meals on Wheels clients are in need of assistance feeding their furry friends. Through a partnership with Frederick County Humane Society, we are able to assist participants in taking care of their animals by providing food for their pets and thus helping the pets remain in their homes with their owners. If you are aware of any, clients in need of pet food, please notify MOW staff.

