

# Keys to Independence

*Service Agencies in Frederick  
County that help those with  
disabilities obtain independence  
and quality of life*



The Frederick County  
Commission on Disabilities

4th Edition

*The purpose of this booklet is to list the resources for individuals with disabilities and to provide keys to an independent life.*

Agencies in Frederick County are listed in alphabetical order, followed by a partial list of Maryland agencies and some at the national level. Contact information, Population Served and Services Provided are included for the agencies. This booklet is meant to be an ongoing endeavor as we continue to collect information and new agencies are formed.

This booklet was put together by the Frederick County Commission on Disabilities. This commission was created in 1994 to advise the Frederick County Government on matters regarding compliance with the Americans with Disabilities Act (ADA) and related legislation. One objective of the commission is to facilitate the utilization of all resources available to people with disabilities. Please use this Keys to Independence booklet to find services that will help you obtain independence and quality of life.

Revised and Updated: June 2017

The Frederick County Commission on Disabilities  
301- 600-1663 or MD Relay 711 or [www.FrederickCountyMD.gov/fccod](http://www.FrederickCountyMD.gov/fccod)

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The information in this booklet was obtained from the agencies or their websites. The Frederick County Commission on Disabilities does not assume responsibility for the data nor does it make a representation concerning the level or quality of service provided by any agency listed in this booklet. If you would like your agency to be included in the next booklet, please contact the Commission on Disabilities at 301-600-1793 or 301- 600-1663.

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# Abilities Network

8503 Lasalle Rd., Towson, MD 21286

Phone: 410-828-7700 | Toll-free: 1-800-492-2523 | Fax: 410-828-7708

Website: [www.abilitiesnetwork.org](http://www.abilitiesnetwork.org)

## ***Mission Statement:***

To challenge the community to acknowledge the value and equality of people of all abilities.

## ***Population Served:***

Individuals of all ages with disabilities and their families.

## ***Services Provided:***

### **Community and Employment Partners**

Supported Employment, Non-Supported Employment, Employee Development Services partnering services through DORS and DDA.

### **Epilepsy Services**

Supported by the Epilepsy Foundation of the Chesapeake Region.

Provides Support Groups, Advocacy, Scholarships, School Education programs, and Epilepsy Education programs.

## ***Application Process:***

Varies depending on service. Call for information.

# Alzheimer's Association, Greater Maryland Chapter

108 Byte Dr # 103, Frederick, MD 21702

Phone: (301) 696-0315 | Email: [info.maryland@alz.org](mailto:info.maryland@alz.org)

Website: [www.alz.org/maryland](http://www.alz.org/maryland)

## ***Mission Statement:***

To eliminate Alzheimer's disease through the advancement of research; to provide and enhance care and support for all affected; and to reduce the risk of dementia through the promotion of brain health.

***Population Served:***

Individuals with Alzheimer’s disease and related memory disorders, their families and care providers.

***Services Provided:***

**Support**

Helpline, Care Consultation, Support Groups, Message Boards, Early-stage Services

**Education**

Newsletter, Educational programs, Professional training, Multilingual information, Lending Library

**Resources**

Local resources and referrals, Safety resources, Clinical trial information, Online resources

***Application Process:***

Call or email the local chapter.

## **Anthony’s Answer**

Anthony Kelly | Phone: 301-663-0161

***Population Served:***

People who have disabilities and need accessible transportation

***Services Provided:***

Privately owned company that provides accessible transportation throughout most of Maryland and lower Pennsylvania. Van can accommodate one person who uses a wheelchair and one additional rider. Rates vary depending on destination.

***Application Process:***

Call for rates and scheduling a ride.

# The Arc of Frederick County

620-A Research Drive, Frederick, MD 21703

Phone: 301-663-0909 | TTY: 301-663-0936 | Website: [www.arcfc.org](http://www.arcfc.org)

## ***Mission Statement:***

The Arc of Frederick County helps people with developmental disabilities to live enviable lives. Enviable lives are the lives we all lead, filled with purpose and meaning, and with friends and family. This is accomplished by providing services, advocacy, and creating supportive communities.

## ***Population Served:***

Individuals with developmental disabilities who live in Frederick County

## ***Services Provided:***

Information and Referral Services, Residential Support, Employment Support, Job Training Programs, Educational classes, Day Program Services, Autism Waiver Support, Support Coordination, Hispanic Outreach, Educational Advocacy, Futures and Estate Planning, Support Groups, and Parent's Day Out

## ***Application Process:***

Call for more information on specific programs.

# Community Living, Inc.

620-B Research Drive, Frederick, MD 21703

Phone: 301-663-8811 | Website: [www.communitylivinginc.org](http://www.communitylivinginc.org)

## ***Mission Statement:***

CLI strives to provide an individualized, quality continuum of services to people with intellectual and developmental disabilities. We ensure the people we serve have equitable access to the same opportunities as does the community at large, and we do so in a fiscally responsible manner.

## ***Population Served:***

Individuals with developmental disabilities

## ***Services Provided:***

### **Residential Services**

Group home structure for individuals with developmental disabilities providing 24-hour support and care

### **Vocational Program**

CLI, Works vocational programming assisting individuals with obtaining job skills and community employment

### **Community Living Support Services**

Independent Support Services (ISS) and Personal Support Services (PSS) provide assistance to those with developmental disabilities wanting to live on their own

### **Retirement for Seniors with Disabilities**

Day program services for seniors with developmental disabilities, offers medical care as needed, structured program including activities and outings. Transportation may also be provided.

Retirement Our Way day program operates Monday-Friday 9:00am – 3:00pm.

### ***Application Process:***

Application for services on website.

## **The Division of Rehabilitation Services**

1890 N. Market St. #300, Frederick, MD 21701

Phone: 240-629-7581 | Fax: 240-629-7587 | Website: [www.dors.maryland.gov](http://www.dors.maryland.gov)

### ***Mission Statement:***

The mission of DORS is to provide leadership and support in promoting the employment, economic self-sufficiency and independence of individuals with disabilities.

### ***Population Served:***

In order to be eligible for DORS services, you must have a physical or mental disability that seriously affects your ability to work, and you must need employment rehabilitation services in order to get or keep a job. If you receive Supplemental Security Income (SSI) and/or Social Security Disability Insurance (SSDI), you are presumed eligible for DORS services.

### ***Services Provided:***

#### **Office of Field Services**

Prepares people with disabilities to go to work or helps them to stay on the job. Rehabilitation counselors in offices throughout Maryland provide or arrange for services that may include career counseling, assistive technology, vocational training and/or job placement assistance.

#### **Office for Blindness & Vision Services (OBVS)**

Specializes in helping people whose primary disability is blindness or vision loss go to work and stay independent. The office also oversees the Maryland Business Enterprise Program for the Blind. This program prepares individuals who are legally blind to operate vending, gift or food service businesses in public facilities.



**Workforce & Technology Center (WTC)**

A comprehensive rehabilitation facility in northeast Baltimore, which offers career assessment services, career and skills training, job placement assistance, assistive technology services and other medical and support services.

**Pre-Employment Transition Services**

For students enrolled in a secondary school (including home school or other alternative secondary education program), post-secondary education program, or other recognized educational program, between the ages of 14-21 and has a documented disability.

Services Provided:: Job exploration counseling, Work-based learning experiences, Counseling on opportunities for enrollment in comprehensive transition or post-secondary educational programs, Workplace readiness training to develop social skills and independent living, and Instruction in self-advocacy

***Application Process:***

Call or go online to make a referral.

## **Fair Housing Commission of Frederick City**

Department of Community Development

101 N. Court St, Frederick, MD 21701

Phone: 301-228-2842 | Fax: 301-600-1837 | Website: [www.cityoffrederick.com](http://www.cityoffrederick.com)

***Mission Statement:***

It is the policy of The City of Frederick to provide for fair housing to all of its residents, regardless of race, color, religion, sex, familial status, national origin, disability, marital status, or source of income; and to that end to prohibit discriminatory practices with respect to residential housing by any person or group of persons, in order that the peace, health, safety, prosperity, and general welfare of all the inhabitants of the City may be protected and insured.

***Population Served:***

Individuals who live in Frederick City.

***Services Provided:***

The Housing Discrimination Ordinance established the Fair Housing Commission to investigate complaints of discriminatory practices in housing and to educate and inform the public on their rights to Fair Housing.

***Application Process:***

Contact the Fair Housing Commission at the City of Frederick.

# Family Service Foundation

205-A Broadway Street, Frederick, MD 21701

Phone: 301-459-2121 | Fax: 301-459-0675 | Video Phone: 240-241-7249

Website: [www.fsfinc.org](http://www.fsfinc.org)

## ***Mission Statement:***

Family Service Foundation provides mental health and social support services that encourage growth in our clients, change their lives for the better, and enrich the local community.

## ***Population Served:***

Serving those with developmental disabilities, mental illness, and interpreting needs.

## ***Services Provided:***

### **Developmental Disabilities**

Community Learning Services, Employment Discovery and Customization, Day Habilitation, and Vocational and Supported Employment Services.

### **Mental Health**

Mental Health Clinic, Psychiatric Rehabilitation Program, and Residential Rehabilitation Program

### **Interpreting Services**

## ***Application Process::***

Call for information.

# Frederick Affordable Housing Council

Housing and Community Development

520 North Market Street, Frederick, MD 21701

Phone: 301-600-6091 | Website: <http://www.frederick.md.us/housing>

## ***Mission Statement:***

The Council's objectives are to create and advocate for affordable housing and present the affordable housing message about current conditions and future trends to the Frederick County community.

**Population Served:**

Individuals and families in Frederick County.

**Services Provided:**

The Council is implementing the Affordable Housing Action Plan, which was endorsed by the Board of County Commissioners. The Action Plan addresses multiple strategies for low- and moderate affordable housing in Frederick County. Several goals of the Action Plan call for a community land trust; the removal of regulatory barriers; the ongoing creation and expansion of affordable housing programs; the creation of tax incentives and modification of building fees; and ongoing business and regional collaboration.

**Application Process:**

Not applicable.

## Frederick Community Action Agency

100 South Market St., Frederick, MD 21701

Phone: 301-600- 1506

Website: <http://www.cityoffrederick.com/183/Frederick-Community-Action-Agency>

**Mission Statement:**

The Frederick Community Action Agency, the federally designated Community Action Agency for Frederick County, Maryland, administers programs and services to assist disadvantaged and low-income people, thereby, ameliorating the causes and effects of poverty.

**Population Served:**

Individuals and families in Frederick County that are low-income or homeless.

**Services Provided:**

**Health Care Programs**

Administers the health care for the homeless, Primary Adult Care (PAC), Medical Assistance and the Access To Care (ATC) programs. These programs provide medical care services to low-income and uninsured or underinsured people in Frederick County.

**MedBank Program**

Helps low- to moderate-income, uninsured, or underinsured people obtain the prescription medications they need, but can't afford.

**Housing Assistance Programs**

Provides housing counseling, weatherization, and housing rehabilitation programs.

**Soup Kitchen & Food Bank** Serves a free evening meal Monday through Sunday from 5:30 to 6:30 p.m.; Foodbank provides a 3- to 5-day supply of food and is open 6 days a week.

***Application Process:***

Varies depending on service. Call for information.

## **Frederick Community Mediation and Conflict Resolution Center – CALM**

629 N. Market St., Frederick, MD 21701

Phone: 301-631-2256 | Fax: 301-620-4224 | Website: [www.frederickcalm.org](http://www.frederickcalm.org)

***Mission Statement:***

Provides affordable and accessible conflict resolution services to all Frederick County residents through education, mediation, community conferencing, and facilitation in order to promote peaceful resolution of conflicts.

***Population Served:***

Citizens of Frederick County.

***Services Provided:***

**Mediation**

A process whereby third neutrals (mediators) meet with participants to help them resolve issues through communication. Mediate conflicts in a variety of areas including family, neighbor/neighborhood, business, community, and school-based issues and also mediate case referrals through the court system.

While the main goal of mediation is to settle a conflict by reaching a mutual agreement, mediation also promotes communication and cooperation. It allows the participants to control the decisions that affect their lives. Mediation is free, neutral, voluntary and confidential.

**Training**

Provides training in: anger management; basic, divorce and elder care mediation; and other topics as requested.

***Application Process:***

Contact CALM for more information.

# Frederick County Department of Aging

1440 Taney Avenue, Frederick, MD 21702

Phone: 301-600-1605

Website: <https://frederickcountymd.gov/54/Department-of-Aging>

## ***Mission Statement:***

To develop and administer programs and activities that support Frederick County older adults in their efforts to remain healthy, active, and independent members of the community, and to provide, coordinate and advocate for services which promote the dignity and enrichment of life for all older adults, their families and caregivers.

## ***Population Served:***

Frederick County senior, their families and caregivers.

## ***Services Provided:***

### **Information and Assistance**

Provides a single point of entry into the service system for older citizens, their families, and caregivers. Through the program, older adults receive information to make informed choices about services, referrals to appropriate agencies, assistance in obtaining services and benefits such as Qualified Medicare Beneficiary program (QMB), Specified Low-Income Medicare Beneficiary program (SLMB), Medicare D, Fuel Assistance, and follow up. The program promotes awareness of services for seniors through outreach and public education

### **Other programs**

Senior Health Insurance Counseling/Project CAMM, legal services, Ombudsman, Meals on Wheels/home delivered meals, 5 Senior Centers throughout the County, Caregiver Support Program, Guardianship, Medicaid Waiver for Older Adults, volunteer income tax assistance, Senior Care Program, and Accessible Homes for Seniors.

## ***Application Process:***

Contact for more information.

# Frederick County Department of Social Services

100 East All Saints St., Frederick, MD 21701

Phone: 301-600-4555 | Fax: 301-600-4550 | Website: <http://www.fcdss.info/>

## ***Mission Statement:***

We will aggressively assist and empower people in economic need, provide prevention services and protect vulnerable children and adults.

**Population Served:**

Low income and other individuals and families needing assistance in Frederick County.

**Services Provided:**

**Child Support**

Provides enforcement services including: legally establishing paternity, obtaining a court order for child support and health insurance coverage, collecting support payments, enforcing, review and adjusting the court order.

**Family Investment**

Provides a wide range of services for children and families including: Child Care Liaison and Food Program, Supplemental Nutrition Assistance Program (SNAP), Long-Term Care Program, the MD Children’s Health Program, Medical Assistance, Purchase of Care, Temporary Cash Assistance and TDAP (Temporary Disability Assistance Program).

**Social Services**

Provides Adult and Child Protective Services, Cold Weather Shelter, Energy Assistance, Foster Care and Adoption, HIV Services, Home Aides, Housing, Mental Health Case Management, Project Home and Senior Care.

**Application Process:**

Varies depending on service. Call for information.

## Frederick County Developmental Center

350 Montevue Lane, Frederick, MD 21702

Phone: 301-600-1611 |

Website: <http://health.frederickcountymd.gov/266/Developmental-Center>

**Mission Statement:**

To provide specialized health and education-related services that positively impact children, their families and eligible adults in their daily lives.

**Population Served:**

Ages: children from birth to age 21, depending on the service provided. Some support is provided to adults who meet specific criteria.

Categories: hearing loss, uninsured or underinsured for dental treatment, developmental delays, disabilities, or special health needs.

***Services Provided:***

**Audiology**

Provides quality pediatric audiology services for children served by the Infants and Toddlers Program, Head Start Program, Frederick County Public Schools Special Education Program, and for uninsured and underinsured children.

**Dental**

Provides pediatric dental care for uninsured and underinsured children under 18 years of age.

**Frederick County Infants and Toddlers Program**

Provides services and support for families of children, birth through 36 months of age, who have or may have developmental delays, disabilities or special health needs.

**Respite**

Provides funding of respite services for children with special healthcare needs and their families.

**School Based Services**

Provides occupational therapy and physical therapy services to children enrolled in Frederick County Public Schools and nursing services for children enrolled at Rock Creek School.

***Application Process::***

Call to schedule an intake.

## **Frederick County Housing and Community Development**

520 N. Market St., Frederick, MD 21701

Phone: 301-600-6091 | Fax: 301-600-3585 |

Website: <https://frederickcountymd.gov/6366/Housing>

***Mission Statement:***

The mission of the Frederick County Department of Housing and Community Development (DHCD) is to assist in the provision of decent safe and sanitary affordable housing for Frederick County residents, with a focus on very low income households, senior citizens, persons with disabilities and special needs populations.

***Population Served:***

Individuals and families in Frederick County.

***Services Provided:***

**Rental Assistance Program**

Housing Choice Voucher Program (Section 8) – Federally funded rent assistance for very low income households living in market

Bell Court Senior Housing (county-owned) - 28 one- bedroom cottage-style one level townhomes with a community center for very low income seniors; located in Woodsboro, Maryland.

### **Homebuyer Programs**

Frederick County Homebuyer Assistance Program – Locally funded program that provides down payments and closing costs in the form of 0-0% deferred loans to low income first time homebuyers earning up to 70% AMI.

Neighborhood Conservation Initiative – State and federally funded program that provides down payments and closing costs to moderate income homebuyers to purchase homes in specific zip codes to help revitalize distressed neighborhoods.

### **Homeowner Repair/Rehabilitation Programs**

Frederick County Emergency Rehabilitation Program –Local revolving loan fund to assist Frederick County homeowners with small emergency home repair needs.

Maryland Housing Rehabilitation Loan Programs – Provides deferred loans and grants for major rehab projects for roofs, plumbing, heating, electrical, code violations, replacement homes, wells, septic systems, lead removal, etc.

Rebuilding Together Frederick County –Frederick County Government provides funding to Rebuilding Together to leverage volunteers and corporate sponsors to provide no cost home repairs to very low income homeowners to make critical housing repairs, handicapped modifications, bring homes up to code, and help seniors remain in their homes.

### **Development Incentive Programs**

Frederick County Impact Fee Deferral Program provides the affordable housing developer with an exemption of library and school impact fees for the construction of new affordable housing projects.

Frederick County Deferred Loan Program provides 0-0% deferred gap loans to housing organizations to leverage other private, state and federal funding to create and preserve affordable housing.

Frederick County Payment in Lieu of Taxes Program (PILOT) provides for a negotiated payment in lieu of paying the full amount of property taxes for the development and preservation of affordable housing projects.

Frederick County Minimum Livability Code for Renters DHCD staff administers this complaint based State mandated property code for renters to protect public health, safety and welfare in residential structures.

Frederick County Homeless and Transitional Housing Grants and Memorandums of Understanding Service Linked Housing Program – State and federally funded pass through grant program that



provides funding to Frederick Community Action Agency and Advocates for Homeless Families, Inc. to link homeless or about to be homeless persons with case management services through housing counselors.

Emergency Solutions Grant – Federal pass through grant program that provides funding to Heartly House and Advocates for Homeless Families, Inc to operate shelters and transitional housing that provide case management and essential services.

Frederick County Affordable Housing Land Trust LLC (Land Trust) · Public Private partnership with Frederick County Government and the Land Trust via a MOU administered by DHCD. A new non profit tax exempt organization formed under the parent company, Habitat for Humanity of Frederick County, Inc., the purpose is to ensure a sustainable supply of affordable housing for generations of Frederick County citizens.

***Application Process:***

Varies depending on service. Call for information.

## **Frederick County Human Relations Commission (HRC)**

5370 Public Safety Place, 3rd floor, Frederick, MD 21704

Phone: 301-600-1063 | Webpage: [www.frederickcountymd.gov/hrc](http://www.frederickcountymd.gov/hrc)

***Mission Statement:***

To promote equal opportunity, human justice and multiculturalism in Frederick County.

***Population Served:***

Residents of Frederick County.

***Services Provided:***

Frederick County residents who believe they have been illegally discriminated against in employment, housing or public accommodations based on their: race, color, religion, national, origin, sex, age, marital status, disability, familial status (housing and employment only), source of income (housing only) should contact the Frederick County Human Relations Department at 301-600-1063.

***Application Process:***

Not applicable.

# Frederick County Transit Services

1040 Rocky Springs Road, Frederick, MD 21702

Phone: 301-600-2065 | Website: [www.co.frederick.md.us/transit](http://www.co.frederick.md.us/transit)

## ***Mission Statement:***

TransIT is a team of transportation professionals committed to providing high-quality public transportation, paratransit and commuter services in a safe, dependable, and courteous manner. TransIT promotes mass transportation alternatives in the region and assists Frederick County citizens to select the most cost-effective and convenient transportation alternative.

## ***Population Served:***

All inclusive.

## ***Services Provided:***

### **TransIT-Plus**

Countywide, shared-ride, demand-response, curb-to-curb paratransit service for senior citizens and persons with disabilities. Medical trips are prioritized, trips are coordinated to serve as many people as possible and other trips are provided on a space-available basis. People with valid medical assistance cards who do not live near a bus route may use Transit-plus for medical trips only.

TransIT-plus drivers do not provide assistance that involves bearing weight, including lifting and carrying passengers. Individuals who need extensive assistance in traveling must arrange for a Personal Care Attendant to accompany and assist them. TransIT-plus does not provide Personal Care Attendants.

### **ADA Paratransit services**

Persons with a disability that prevents them from using accessible fixed-route transit, may be eligible for ADA Paratransit service. Service area and hours are comparable to fixed-route bus service operating in Frederick City. Trip purposes are unrestricted, and next-day reservations are accepted.

### **Reduced fares**

Senior citizens and persons with disabilities may qualify for reduced fares. Applications are available at the TransIT office at 1040 Rocky Springs Road, Frederick, Maryland 21702, (301) 600-2065. Or on-line at: [www.co.frederick.md.us/transit](http://www.co.frederick.md.us/transit).

### **Connector Routes**

Operate in Frederick City and urbanized areas of Frederick County serving medical, employment, education and shopping centers. Six Connector Routes can deviate within a 3/4 mile corridor of the route for passengers who are unable to board the bus at a regular time point because of a disability. Connector Routes operate Monday-Friday, 5:30 a.m. to 9:30 p.m. (until 9:45 on Friday)

and Saturday 7:30 a.m. to 9:45 p.m.

***Application Process:***

Passengers must be registered with TransIT-plus before transportation service can be scheduled. To register for TransIT-plus, a registration application must be submitted for approval to the Operations Manager. Applications are available at the TransIT office at 1040 Rocky Springs Road, Frederick, Maryland 21702, (301) 600-2065. Or on-line at: [www.co.frederick.md.us/transit](http://www.co.frederick.md.us/transit). Senior citizens (aged 60 or more), persons with disabilities, and persons with valid Medical Assistance cards (for medical transportation only where public transportation is not available) are eligible to use TransIT-plus. Other individuals may use the TransIT-plus on a space-available basis. Trips must be scheduled at least two (2) business days in advance of the time requested. Reservations are accepted as much as ten (10) calendar days in advance.

## **Frederick County 4 H Therapeutic Riding Program**

Silverado Stables

11515 Angleberger Road, Thurmont, MD 21788

Phone: 301-898-3587 | Website: [fc4htrp@aol.com](mailto:fc4htrp@aol.com)

***Mission Statement:***

The Mission of the Frederick County 4H Therapeutic Riding Program is to provide a recreational experience and therapeutic regimen to Frederick County citizens with medically certified mental, physical and emotional disabilities, through appropriate equestrian activities.

***Population Served:***

Individuals of all ages with disabilities.

***Services Provided:***

Presently, we are able to provide 7 week sessions, **free of charge**, in the spring and the fall to our riders. Riders join us once a week for a 45 minute ride during these sessions. Our riders participate in a horse show at the end of both sessions. Other rider activities off the premises include a show at the Frederick Fairgrounds during the Great Frederick Fair and participation in Special Olympics. Donations and fund raising activities fund our program, provide equipment, feed and veterinary care, among other needs. For all of our activities we rely heavily on our volunteers, who receive training before joining us. Our goal is to provide a safe and enjoyable riding experience that challenges our riders to be as independent as possible. The rider's physician, therapist and teacher submit information about the prospective rider's condition before he or she even approaches a horse. The rider's medical history is reviewed by our therapists and instructors. Some riders come to us with a need for complete physical support throughout the experience, others participate in grooming, tacking up and leading their own horses. Many learn to walk and

trot their horses independently. All of our riders benefit from the interaction with their mount, other riders and our volunteers. Under the direction of the instructor and the aid of the therapist, they take on the challenges of balancing on the horse, learning to steer, control and interact with a large animal specially chosen for this work. They play games and engage in therapeutic exercises. As the rider moves through a session, aided by side walkers and horse leaders, they all benefit from the movement of the horse, which both strengthens and relaxes muscles. Therapeutic riders have the unique opportunity to engage in an activity that takes them from wheelchairs, canes, and dependency on others to a seat high above the ground where they feel they are in charge. As we guide them through their sessions, we have the pleasure of watching them enjoy a special experience that benefits them both in body and in mind.

***Application Process:***

Current waiting list. Call number listed above to get an application.

## **The Freedom Center**

550 Highland Street, #510, Frederick, Maryland 21701

Phone: 301-846-7811 | Fax: 301-846-9070

Website: <http://www.thefreedomcenter-md.org>

***Mission Statement:***

To provide services and support to empower individuals with disabilities to lead self-directed, independent, and productive lives in a barrier-free community.

***Population Served:***

All individuals with disabilities.

***Services Provided:***

**Information and referral**

Assists consumers in meeting their needs by providing up-to-date information and referrals to various resources and agencies within the region and state.

**Peer counseling**

Peer counselors are individuals who assist consumers to achieve the independence they desire by sharing experiences, providing educational resources and providing support & friendship.

**Independent living skills training**

Provides individuals with disabilities an opportunity to make appropriate choices and learn the skills, which will assist them in achieving the highest level of independence possible.

### **Advocacy**

The Freedom Center provides advocacy in the areas of housing, transportation, civil and human rights, education, employment, and other life situations. Self-advocacy is action taken on one's own behalf to protect or improve the individual's life circumstances. Individual advocacy is assistance given to a person that is intended to improve both the person's life circumstances and the person's self-advocacy skills. Systems Advocacy is activity, which has the effect of altering laws, regulations, or practices that impact large numbers of people.

### **Nursing home transition**

The Freedom Center provides advocacy, supports, and services to facilitate the least restrictive environment and give opportunity to individuals to choose to live in the most integrated setting. Individuals, who are living in nursing, assisted living, or state facilities, will be linked to every service available to maximize independence in their own homes for full integration into the community.

### ***Application Process:***

Call, fill out the online form, or visit The Freedom Center.

## **Goodwill Industries of Monocacy Valley, Inc.**

400 E. Church St., Frederick, MD 21701

Phone: 301-662-0622 | Website: [www.gimv.org](http://www.gimv.org)

### ***Mission Statement:***

To assist persons with disabilities and/or disadvantaging conditions to attain the fullest vocational development of which they are capable by expanding their opportunities and occupational capabilities through provision of services. Simply put: Goodwill Industries of Monocacy Valley, Inc. creates Hope, Jobs, and Futures in our community.

### ***Population Served:***

People with disabilities and/or other barriers to employment.

### ***Services Provided:***

#### **Services for Individuals with Developmental Disabilities**

Supported Employment Programs, Vocational Services Programs, and Family and Individual Support Services.

#### **Job Search and Retention Services**

Work Adjustment Training, Job Development, Placement, and Retention [JDPR] Program, and Job Coaching.

#### **C.A.R.E.S. Program**

Provides resources available through Goodwill Industries of Monocacy Valley to individuals that Goodwill partner agencies identify as needing items on an emergency basis. The partner agencies then give the person C.A.R.E.S. certificates that they may use to purchase clothing, furniture, and other donated goods.

**Computer Software Training**

Provides training on using Microsoft Office products, the Internet, and more. Computer classes are currently offered in three formats: instructor-driven, self-paced, and online. Fees are based on income and household size.

**Application Process:**

Please call 301-662-0622 and schedule an intake appointment.

## **Habitat for Humanity – A Brush with Kindness**

2 East Church St., 3<sup>rd</sup> Floor, Frederick, MD 21701

Phone: 301-698-1697 | Fax: 301-698-1697 | Point of Contact: Ron Cramer

**Mission Statement:**

A Brush with Kindness is a nationwide effort to serve low-income homeowners who struggle to maintain the exterior of the homes.

**Population Served:**

Individuals that are homeowners, who are elderly or disabled, living in Frederick County.

**Services Provided:**

Focuses on the exterior home repair services such as painting, minor exterior repairs, landscaping, weatherization and exterior cleanup. They will also build exterior ramps. A Brush with Kindness uses volunteers, donated materials and no-interest loans to make repairs affordable, helping low income homeowners to continue to live independently and securely in their homes.

**Application Process:**

Contact local Habitat for Humanity office for application.

## **Housing Authority of the City of Frederick**

209 Madison St., Frederick, MD 21701

Phone: 301-662-8173 | Website: [www.hacfrederick.org](http://www.hacfrederick.org)

***Mission Statement:***

To provide an array of housing options for our citizens by being committed to supporting strong stable communities.

***Population Served:***

Provides for the need for low-income housing for individuals and families in the city of Frederick.

***Services Provided:***

**Housing Choice Voucher (Section 8) program**

Provides assistance to low and moderate income families, the disabled and elderly to afford decent, safe and sanitary rental housing.

**Public Housing**

Provides safe, clean and affordable housing to low to moderate income families and individuals in rental units owned and managed by the Housing Authority and located throughout Frederick County.

**Project ALIVE**

A program to connect Public Housing residents with educational and training opportunities. Residents in Public Housing (Sagner, Carver, Lincoln, Hillcrest Commons, Catoctin View of Catoctin Manor), are eligible to participate.

**HOPE VI**

A federally funded program that eradicates severely distressed public housing communities by replacing them with mixed-income residents, thus creating a place for all to call home.

***Application Process::***

Varies depending on service. Call for information.

## **Maryland Legal Aid of Frederick County**

22 S. Market St., Frederick MD 21701

Phone: 301- 694-7414 | Toll Free: 800-679-8813 | Website: [www.mdlab.org](http://www.mdlab.org)

***Mission Statement:***

Provides free civil legal assistance to low-income people in need throughout Maryland - in urban and rural settings, for children, the disabled, residents of nursing homes and assisted living facilities, migrant farmworkers, and those whose basic necessities, including housing, custodial relationships and health, are at risk.

Legal Aid handles civil, not criminal, cases. Priorities for general civil legal services are family/domestic, housing, income maintenance (public benefits), and consumer/finance. Many of

Legal Aid's local offices represent children in CINA (Child in Need of Assistance) proceedings. Other vulnerable populations, such as senior citizens, migrant and seasonal farm workers, and nursing home and assisted living residents, receive specialized representation. Depending on the circumstances and available resources, the Legal Aid Bureau provides representation at hearings and trials, legal advice, and referral to other sources of assistance.

In 2008 Legal Aid served nearly 53,000 people throughout the state. About 37 percent of the cases were family law, 22 percent juvenile, 11 percent consumer rights, 13 percent housing, and 4 percent income maintenance. Of the nearly 53,000 cases closed, 80 percent were handled without litigation.

***Population Served:***

All Frederick County residents that meet financial criteria.

***Services Provided:***

Offers a full range of free civil legal services to financially qualified low-income Marylanders.

Legal help information and self-help materials are on the Internet at our partner website [www.peoples-law.org](http://www.peoples-law.org). Topics include: Child support, Consumer rights, Tenants - private and subsidized housing, Nursing homes/assisted living, Workers' rights, Government benefits, Senior Citizens and Education.

***Application Process:***

Determines financial eligibility for services based on income and assets available to the household, using the Federal Poverty Income Guidelines. Apply at office listed above. (They will not respond to email request)

## **Maryland School for the Deaf**

101 Clarke Pl., P.O. Box 250, Frederick, MD 21705

Video Phone: 240-575-2966 | Phone: 301-360-2000

TTY: 301-360-2001 | Fax: 301-360-1400 | Website: [www.msd.edu](http://www.msd.edu)

***Mission Statement:***

To provide excellence in education in a bilingual environment to prepare all students to be contributing citizens.

***Population Served:***

Maryland's deaf and hard of hearing children and youth (birth – 21 years) who meet MSD's criteria for admission. MSD also accepts, on a tuition basis, out of state deaf and hard of hearing students who meet the admission criteria.

***Services Provided:***



### **Family Education/Early Intervention (FE/EI) Program**

Free-of-charge services are made available to the families of children up to age four who are deaf and hard of hearing. Services include: home visits, cochlear implant services, infant play group, toddler class, preschool class, parent group, American Sign Language classes, speech therapy services, regional parent meetings and special events collaboration with service providers.

### **Essential Curriculum Program**

A public school curriculum is offered to elementary, middle and high school students (kindergarten to 12th grade).

### **Life Based Education (LBE) Program**

For those with additional mild disabilities, MSD offers a program for deaf students with special needs to elementary and middle school students (pre-kindergarten to 8th grade) at Columbia Campus and high school students (9th to 12th Grade) at Frederick Campus. The primary disability for these children/youth is being deaf or hard of hearing.

### **International Orioles**

The international studies course is predicated on the belief that travel and people-to-people exchanges are critical to the education of future generations in today's multi-culture society. After studying another country and its history, culture, and education, students will further learn about the role of people with disabilities in that culture and their approach to educating people with disabilities.

### **Partners for Success – a Family Support and Resource Center**

A statewide support service for families with children who are deaf or hard of hearing in order to give families the support they need to help their children reach their full potential by providing the following services: helping families resolve concerns and make informed decisions regarding their child's education; a lending library of over 500 books, video tapes and DVD's; community resources; a support network with families of deaf and hard of hearing children and workshops for parents and educators.

### ***Application Process:***

Contact Kate Baker to set up evaluation meeting and tour of the campus by calling 301-360-2030 (V, TTY).

## **Mental Health Association of Frederick County, Inc.**

226 S. Jefferson Street, Frederick, MD 21701

Phone: 301-663-0011 | Toll-free: 1-800-422-0009 or Call 2-1-1

Website: [www.fcmha.org](http://www.fcmha.org)

### ***Mission Statement:***

To promote an emotionally healthy Frederick County by advocating for people with mental health needs, by educating the community, and by empowering individuals, children, and families.

**Population Served:**

People with any health and human service need; all ages served.

**Services Provided:****2-1-1**

A phone number to call for information and referral to health and human services such as: *Basic human needs* (food and clothing, shelters, rent and utility assistance), *Physical and mental health* (health insurance programs, Medicaid and Medicare, maternal health, medical information lines, crisis intervention services, support groups, counseling, drug and alcohol services), *Employment support* (job training, transportation, education programs), *Support for older Americans and people with disabilities* (adult day care, telephone wellness checks, meals, respite care, home health care and transportation services), *Support for children, youth and families* (childcare, after-school programs, Head Start, family resource centers, mentoring, tutoring and protective services), *Mobile crisis services* (when the Call Specialist deems it appropriate to send crisis response workers to the caller's home), *Suicide prevention and intervention services*. Call 301-662-2255 from a cell phone or, if unable to, call 211. 150 languages available. HOURS: 24/7 No fees.

**Child Abuse Prevention Program**

Increases awareness of--and empowers families to deal with--child abuse, neglect, and social issues. Programs include: Kids on the Block, Supervised Visitation/Monitored Transfer, Youth Education Outreach, ParentPower, Court Appointed Special Advocates (CASA), Training on recognizing and reporting child abuse.

**Child Care Choices**

A central resource that assists parents looking for regulated child care. Call 301-662-4549.

**Counseling Services**

Offers professional outpatient therapy for individuals, couples, children and adolescents, families, and groups without regard to the ability to pay. Call 301-663-6135.

**Frederick County Hotline**

Provides information and referrals, support, and crisis intervention 24 hours a day, 365 days a year. Includes the Telephone Reassurance Program for seniors. Call 301-662-2255.

**Public Information & Advocacy**

Provides community education through the Annual Guide to Mental Health & Community Support Services referral source and ongoing community training and outreach through many local events.

**Application Process:**

Not applicable.

# Mental Health Management Agency

22 South Market Street, Suite 8, Floor 2F, Frederick, MD 21701

Phone: 301-682-6017 | Website: [www.mhma.net](http://www.mhma.net)

## ***Mission Statement:***

To strive to provide for the mental wellness of the citizens of Frederick County eligible for public mental health services by promoting a well-coordinated, comprehensive, and fiscally accountable mental health system.

## ***Population Served:***

The current public mental health system eligible populations of children, adolescents, and adults with mental illness who have Medical Assistance or are uninsured. Coordinates services for people which involves vendors outside of their agency.

## ***Services Provided:***

### **Outpatient Services**

Psychiatric evaluations, diagnostic interviews, individual and group therapy, family counseling, medication management, psychological testing and occupational therapy.

### **Inpatient Service**

Professional Services Provided: in a hospital.

### **Psychiatric Rehabilitation Programs**

Provides rehabilitation and support to individuals in order to develop and enhance community and independent living skills. These services are provided at an agency's day program or "off-site" at individuals' residences or other community site.

### **Residential Rehabilitation Programs**

Provides housing and appropriate staff support for individuals with serious and persistent mental illness or "off-site" at individuals' residences or other community site.

### **Respite Services**

Provided on a short-term basis in a community setting. The services are designed to assist the individual's home caregiver to maintain the individuals in the home by temporarily freeing the caregiver from the responsibility of supervision.

### **Vocational Services**

Involve assessment, entitlements counseling, job placement and ongoing employment support (at the job site or off-site) for individuals who need these supports to obtain and maintain competitive employment.

### **Crisis Services**

Provide short, intensive mental health and support services (including residential) in the

community. Services are provided to avert hospitalization and prevent future psychological deterioration and avoid injury to self or to others.

### **Case Management**

Includes assessment of the individual's needs, planning, coordination of services, monitoring the utilization of services and advocacy on behalf of the individual.

### **Mobile Treatment Services**

Provides assertive outreach, treatment and support to individuals who are homeless and/or are unable to access more traditional forms of outpatient treatment.

### ***Application Process:***

The residential rehabilitation program requires an application which can be obtained by calling 301-682-6017. Submit the completed application by fax at 301-682-6019 or by mail.

## **Mission of Mercy**

Corporate Office

P.O. Box 102, Fairfield, PA 17320

Phone Number: (301) 682-5683 | Fax: (301)682-3999

### ***Mission Statement:***

Mission of Mercy's mobile medical clinics seek to restore dignity to the sick, poor, and homeless by providing free basic healthcare and "healing through Love." This mission is accomplished primarily through a team of volunteer healthcare, administrative and hospitality workers.

### ***Population Served:***

Frederick County, Carroll County and Baltimore County.

### ***Services Provided:***

Free medical and dental services, including prescription medication, lab tests and x-rays.

### ***Application Process:***

Walk in clients for the first visit. After that clients will be scheduled for follow-up visits. Clinic locations are; Reisterstown, MD, Westminster, MD, Taneytown, MD, Frederick, MD, Brunswick, MD and Thurmont, MD. For times and specific locations go to [www.amissionofmercy.org](http://www.amissionofmercy.org).

# National Alliance on Mental Illness (NAMI) of Frederick County

4 E. Church Street, Frederick, MD 21701

Phone: 240-379-6186 | Website: [www.namifcmd.org](http://www.namifcmd.org)

## ***Mission Statement:***

To help persons with mental illness and their families and friends by providing emotional support, education, and information. To promote better quality of care, rights and interests of citizens with mental illness, particularly those who cannot speak for themselves. To advocate policies and research at the local, state and national levels in order to accomplish these objectives.

## ***Population Served:***

Individuals with mental illness and their family and friends.

## ***Services Provided:***

### **Information Helpline**

Call 240-379-6186.

### **Support**

Call helpline phone number for information on support groups for family members of persons with mental illness.

## ***Application Process:***

Contact NAMI for information on services.

## Partners In Care: Frederick

22 S. Market Street, Suite #15, Frederick MD 2170

Phone: 301-682-7433 | Website: <http://www.partnersincare.org/frederick-county/>

## ***Mission Statement:***

To help older and disabled adults remain independent in their own homes and create community through the service-exchange concept.

### ***Population Served:***

Adults ages 55 and older and adults with disabilities.

### ***Services Provided:***

#### **Transportation**

Volunteers provide rides to medical appointments, pharmacies, grocery stores, and errands of all kinds. Rides are personalized. The driver picks up the person at their front door, helps them into the car, takes them to the facility, waits with them, then takes them safely home again. Local travel is generally provided without charge; for trips exceeding 50 miles roundtrip, a sliding scale charge, based on income, is applied.

#### **Home repairs**

Provide for small repairs to maintain seniors' homes such as: fix leaking faucets, change storm windows and screens, patch masonry, repair light fixtures, and build railings and ramps, among countless other tasks.

#### **Advocacy for economic wellbeing**

"Warm Houses" is a program to combat social isolation and bring people together in their own neighborhoods for conversation and camaraderie.

#### **Emergency support**

Represent Lifeline Personal Response Systems. provide emergency kits to help area residents shelter-in-place through the first critical hours and days of an emergency

### ***Application Process:***

Please contact Sandy or Pat at the office for more information 410.544.4800. For transportation in and around Frederick, please contact Sarah or Emily at 301-600-6008.

No medical or personal-care tasks are provided. Requests for services need to be made at least three business days prior to the date services are needed.

Both recipients and providers of assistance become members of Partners In Care before services are exchanged. Those seeking assistance call the office to initiate an intake interview, which takes place at the person's residence. Those intending to provide assistance complete an application form available from the office and attend an orientation session.

## **Service Coordination**

5283 Corporate Drive, Suite 103, Frederick MD 21703.

Phone: 301-663-8044 | Fax : 301-663-9609 |

Website: [www.servicecoordinationinc.org](http://www.servicecoordinationinc.org) | Twitter: <http://twitter.com/SCInc>

**Mission Statement:**

Service Coordination exists to assist individuals with developmental disabilities and other groups needing assistance in determining and meeting their needs in ways they prefer. We assist individuals in becoming active members of their communities with equal rights and responsibilities. We help people develop and obtain high quality supports and services that are the least intrusive to meet their desires and needs and support their personal goals. We believe that each person's values, dignity, happiness, and rights must be respected.

**Population Served:**

Service Coordination is contracted through the State of Maryland's Developmental Disabilities Administration (DDA). We serve children and adults who are receiving services funded by DDA, and people who are applying for DDA services.

**Services Provided:**

- Talk to people about their goals in life, and design plans based on these.
- Help locate supports and services to meet people's preferences and needs.
- Review supports and services periodically to be sure they continue to meet people's needs.
- Assist people in advocating for themselves and locating their own supports.
- Identify service gaps and try to make improvements in the service system.
- Promote community education.

**Application Process:**

Contact a Service Coordinator by calling 301.663.8044 or visiting [www.servicecoordinationinc.org](http://www.servicecoordinationinc.org) for help in applying to DDA for services.

## Scott Key Center

1050 Rocky Springs Rd., Frederick, MD 21702

Phone: 301-600-1600 | Website: [www.co.frederick.md.us](http://www.co.frederick.md.us)

Click on: Departments, then Health Department, then Developmental Disabilities Services, then Scott Key Center.

**Mission Statement:**

Scott Key Center's mission is to foster person-centered, integrated employment opportunities and community involvement for individuals with developmental disabilities in Frederick County.

**Population Served:**

Adults who are 21 years of age or older and who have developmental disabilities.

**Services Provided:****Employment opportunities**

The individuals we serve are at the center of all our work. We bring families, friends, and professionals together on their behalf. Our work is to help an individual progress toward maximum independence and community inclusion. Our goal is to support individuals in developing the

functional autonomy required to be successful in their community of choice. Today we are an organization that serves approximately 120 individuals in Supported Employment, Day Habilitation, and F.I.S.S.

***Application Process:***

Obtain a Resource Coordinator (if possible), Obtain funding, Schedule a tour of Scott Key Center, Complete a Application for Enrollment for Scott Key Center, Participate in an intake meeting, Review by the Board of Directors, Final Decision is made on admission or no admission, If accepted, start date is determined based on funding

## **United Cerebral Palsy of Central Maryland, Frederick Center**

Frederick Center and Day Program

5736 Industry Lane, Frederick, MD 21704-7228

Phone: 301-663-8700 | Toll free & TDD: 800-826-6501

Website: [www.ucp-cm.org](http://www.ucp-cm.org)

***Mission Statement:***

Unified Community Connections' mission is to support individuals with disabilities in achieving independence, productivity and the quality of life they seek. The agency's vision is to be recognized for excellence in leadership in providing innovative, person-centered supports, making Unified Community Connections the agency of choice for individuals with disabilities and their families as well as the employer of choice for human service professionals.

***Population Served:***

Unified Community Connections provides programs and services for adults and children with a wide variety of disabilities and chronic health issues throughout Maryland. These supports improve the independence, productivity, and quality of life of people with disabilities and their families. Our services are tailored to meet the unique needs of each individual.

***Services Provided:***

**Community Supported Living Arrangements (CSLA)**

CSLA provides supports to adults with developmental disabilities who are in need of long-term, ongoing supports. The type and level of support can vary widely and is determined by each individual's needs and abilities as outlined in the individual plan. Supports can include, but are not limited to: personal care, community integration training, housekeeping, meal preparation and



budgeting.

### **Individual Support Services (ISS)**

ISS typically involves ongoing supports and assistance (e.g. two hours of personal care support each morning). Services provided through Unified Community Connections' ISS program are based on the needs of the individual. Staff involvement varies and fluctuates according to the needs of the individual.

### **Family Support Services (FSS)**

FSS provides supports to the family of a child (individual 21 years of age or younger) to enable the family to continue to care for the individual in their home. Services provided through Unified Community Connections' FSS program are flexible and based on the needs of each family.

### **Individual Family Care (IFC)**

IFC provides support in foster care situations for adults with disabilities to allow for long-term residential care, enabling the individual's well-being and inclusion in community life. Unified Community Connections monitors care provider families to ensure quality care for the individual.

### **Adult Day Services**

Unified Community Connections' day program services, located throughout Maryland, offer men and women with developmental disabilities 21 years of age or older the opportunity to engage in meaningful individual and group activities focusing on the development of interpersonal, social and vocational skills. Our day program centers in Middle River, Frederick, Hagerstown and Cumberland, Md., include sensory stimulation rooms, mat areas, computer labs and various activity areas. All centers have nurses and activity coordinators on site. Each center operates Monday through Friday. Unified Community Connections provides Para-Transit (wheelchair life-equipped) transportation to and from the centers each day.

### ***Application Process:***

Call for information.

## **The Way Station, Inc.**

230 W. Patrick St., P.O. Box 3826, Frederick, MD 21705

Phone: 301-662-0099 | Website: [www.waystationinc.org](http://www.waystationinc.org)

### ***Mission Statement:***

Way Station, Inc. is a not-for-profit organization dedicated to providing compassionate and quality behavioral health care, housing, and employment services to: adults with mental illness, developmental disabilities, and substance addictions; children and adolescents with emotional and behavioral challenges; and veterans with service needs.

Way Station embraces the principles of recovery and resiliency and is committed to providing evidence-based, consumer-driven, and family-focused services.

## ***Population Served:***

At-risk children and youth, veterans, the homeless, individuals with mental illness and individuals with developmental disabilities.

## ***Services Provided:***

### **Adult Services Programs**

- *ACT*
- *Mobile Crisis*
- *Community Employment*
- *Day Program*
- *Residential Rehabilitation*
- *Supported Housing*
- *Homeless Outreach*
- *Outpatient Mental Health Clinic*
- *Residential Crisis*

### **Intellectual Disabilities**

- Pathways Day program and Supported Employment
- Sojourn Residential Rehabilitation Program
- Odyssey Residential Program

### **Child and Adolescent Programs**

- Outpatient Clinic for Youth
- Camp Journey
- Family Preservation
- Children's Mobile Crisis
- Multi-Systemic Therapy

### **Veterans Programs**

- North Point Vets Home
- Operation New Start
- Welcome Home

### **Young Adult Services**

- Employment
- Healthy Transition Initiatives (HTI)
- Maryland Promise

## ***Application Process:***

Call Enrollment at 301-662-0099

# YMCA of Frederick County

1000 North Market Street, Frederick, MD 21701

Phone: 301-663-5131 | Fax: 301-663-5363 | Website: <http://frederickymca.org>

## ***Mission Statement:***

At the YMCA of Frederick County strengthening community through youth development, healthy living and social responsibility is our cause. Every day, we work side-by-side with community members to address the most pressing needs in Frederick County to make sure that everyone—regardless of age, income or background—has the opportunity to learn, grow and thrive. Our work is not easy, but real and lasting changes can only come about when we work together to invest in our kids, our health and our neighbors and the first step to achieving these improvements is having the full support of our community.

## ***Services Provided:***

Child care, education, dance, gymnastics, swimming & aquatics, karate, sports, summer camps, Fun Zone Kid's Center, health and wellness

## ***Application Process:***

Call to set up an appointment. Scholarships are available for low income individuals and families.

## **Frederick Community College Services for Students with Disabilities (SSD)**

Annapolis Hall (A" Bldg) Suite 105

7932 Opossumtown Pike, Frederick, MD 21702

Phone: 301-846-2408

Website:

<http://www.frederick.edu/student-resources/services-for-students-with-disabilities.asp>

[X](#)

## ***Services Provided:***

The Services for Students with Disabilities (SSD) office at FCC assists and supports eligible

students with disabilities. Student services may include academic advising, individualized accommodation plans, transition coaching, as well as workshops and programs. Students will be empowered to become self-advocates in order to achieve individual success at FCC and beyond. The SSD office provides community outreach and collaborates with agencies and resources to meet the diverse needs of students with disabilities. Please call to schedule an appointment.

### **Disability Resources include**

Academic Advising, Individualized Accommodation Plans (Student Success Plans), Appointments for academic coaching, case management, and as-needed touch base meetings, Student Success Alert Program, Assistive Technology, Learning Commons and STEM Learning Center (tutoring and writing center services available to all enrolled students), Wednesday Getting Connected Club for students (offered in fall semester), FCC facilities include handicapped parking spaces (permit required), physically accessible restrooms, elevator access in buildings, and various forms of assistive technology available to eligible students upon request through the Services for Students with Disabilities Office.

### ***Application Process:***

Call to schedule an appointment

## ***Maryland Agencies***

### **Developmental Disabilities Administration**

1360 Marshall Street, Hagerstown, MD 21740

Phone: 301-791-4670 | TDD: 301-791-4015

Website: <https://dda.health.maryland.gov/Pages/home.aspx>

Provides a coordinated service delivery system so that individuals with developmental disabilities receive appropriate services oriented toward the goal of integration into the community.

### ***Services Provided:***

Respite Care Services; Family Support Services; Residential Services; Individual Support Services; Individual Family Care; Children Services; Transitioning Youth; Day Services; Resource Coordination; Behavioral Support Services; Community Supported Living Arrangements (CSLA); Summer Programs/Camps & Vacations; Supported Employment; Transportation; Vocational Day Program/ Sheltered Workshop

### **The Maryland Department of Disabilities**

217 E. Redwood St., Suite 1300, Baltimore, MD 21202

Phone/TTY: 410-767-3670 | Website: [www.mdod.state.md.us](http://www.mdod.state.md.us)

## ***Services Provided:***

### **Constituent Services Program**

Provides information and referral in the following areas: General Information and Referral; Mental Health; Developmental Disabilities, Education, Transportation, Deaf and Hard of Hearing; Legal Issues, Emergency Preparedness, Employment, Workers' Compensation, Veterans, Personal Attendant Care, Housing, Medicare/Medicaid, Social Security, Disability Benefits

### **Attendant Care Program**

Provides financial reimbursement to consumers with chronic or severe physical disabilities who require attendant services.

### **Access Maryland Program**

Brings state-owned facilities into compliance with State and Federal mandates requiring access for persons with disabilities.

### **Technology Assistance Program (MD TAP Program)**

Provides tools to help people who are disabled or elderly enjoy the same rights and opportunities as other citizens. These tools are called "assistive technology" or "AT". Assistive Technology (AT) is any item needed to live, work or learn more independently. AT ranges from simple, homemade fixes (such as tape on utensil handles to support better gripping), to complex, high-tech products (like computerized communication systems). AT includes low-tech aids for daily living, vehicles with wheelchair lifts, special keyboards and software to operate computers, blindness and low vision aids, assistive listening devices, adapted telephones, ramps and other home modifications, wheelchair and scooters, and many other products.

## **Maryland Department of Health and Mental Hygiene**

Department of Health and Mental Hygiene

201 West Preston Street, Baltimore, Maryland 21201

1-877-463-3464 or 410-767-6500 | Website: <http://www.dhmf.state.md.us>

## ***Services Provided:***

Medicaid Programs for long-term care: The Medicaid Program is responsible for the implementation and ongoing administration of home and community-based services waivers and targeted case management programs for special population groups. The Program studies, plans, and implement services relating to the needs of specific populations such as the elderly, the mentally ill, and the physically and mentally disabled. These waiver programs include: New Directions waiver (DDA), Community Pathways waiver (DDA), Living at Home waiver, Model waiver for Disabled children, Older Adults waiver (MDoA), and the waiver for Individuals with Autism Spectrum Disorder. The Medical Assistance Personal Care program is a program which provides personal assistance services for those who are eligible for Medicaid. The Attendant Care program is administered by MDOD and provides personal assistance services for individuals who meet the criteria of needing services to prevent nursing home placement. Also, DHR administers the In Home Health Aid Services through the local Departments of Social Services and it provides

in-home care.

For individuals who are not eligible for health insurance and have limited income, they may be eligible for the Primary Adult Care program or the Maryland Children's Health Insurance Program.

## **Maryland Department of Human Resources**

311 West Saratoga Street, Baltimore, Maryland 21201

Phone: 1-800-332-6347 | TTY: 1-800-925-4434 | Website: [www.dhr.state.md.us](http://www.dhr.state.md.us)

### ***Services Provided:***

#### **Office of Adult Services**

Provides services that assist functionally disabled individuals with daily activities that are needed to allow them to remain living in their homes. These services can include household chores, personal care, and transportation/escort services. Training in self-care and caretaking skills are also available for participants. Adult Care services offer guidance and support to parents and caretakers of the disabled, aged and vulnerable adults. Services Provided:: Respite Care; Attendant Care; Representative Payee Program; Assisted Living; In-Home Health Aide Services.

#### **Disability Entitlement Advocacy Program**

The Department of Human Resources offers the services of the Disability Entitlement Advocacy Program (DEAP) to disabled citizens of Maryland to help them with the Application Process: for Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI) benefits.

#### **Temporary Disability Assistance Program**

The Temporary Disability Assistance Program (TDAP) provides limited cash assistance for disabled adults. Benefits may also include eligibility for the Maryland Pharmacy Assistance Program and Basic Outpatient Medical Services under the Maryland Primary Care Program.

## **Maryland Developmental Disabilities Council**

217 E. Redwood Street, Suite 1300, Baltimore, MD 21202

Phone: 800-305-6441 or 410-767-3670 | Maryland Relay 711

Website: [www.md-council.org](http://www.md-council.org)

An independent, self-governing organization that represents the interests of people with developmental disabilities and their families.

### ***Services Provided***

#### **Family NETWORKS Website**

An online resource for disability-related information and supports, [www.family-networks.org](http://www.family-networks.org).

### **Planning Now**

Information on the services offered through the Maryland State Department of Education, the

Developmental Disabilities Administration, and the Division of Rehabilitation Services, all with the aim of assisting individuals with disabilities and their families with the planning process, including Estate Planning.

## **Maryland Disability Law Center**

The Walbert Building

1800 N. Charles Street, 4<sup>th</sup> floor - Suite 4, Baltimore, MD 21201

Phone: 1-800-233-7201 or 410-727-6352 | TDD: 410-727-6387

Website: [www.mdclaw.org](http://www.mdclaw.org)

### ***Services Provided***

Information and referrals to callers about many different legal topics. Investigations of complaints that persons with disabilities are abused, neglected, or mistreated. Case Advocacy for persons with disabilities to obtain certain services. Legal representation.

## **Maryland Office for Blindness and Vision Services**

Division of Rehabilitation Services

2301 Argonne Drive, Baltimore, MD 21218

Phone: 410-554-9277 | 866-614-4780 | TTY/TDD: 410-554-9195

Website: [www.dors.state.md.us/DORS/ProgramServices](http://www.dors.state.md.us/DORS/ProgramServices)

### ***Services Provided:***

Includes rehabilitation counselors, rehabilitation technologists, case managers and rehabilitation teachers with specialized training in issues of importance to people who are blind, visually impaired or deafblind. Assists people in designing and carrying out plans for employment or independent living. Administers the Maryland Business Enterprise Program for the Blind, which prepares individuals to operate successful vending and food service operations in public facilities.

## **Governor's Office of the Deaf and Hard of Hearing**

217 E. Redwood Street, Suite 1300, Baltimore, MD 21202

Phone: 410-767-6290 or 443-453-5954 | TTY: 410-767-7756

Maryland Relay: 1-800-735-2258

Website: [www.odhh.md.gov](http://www.odhh.md.gov)

***Services Provided:***

**Awareness Training and Technical Assistance**

Educates Maryland government about the diverse communication needs of Deaf and hard of hearing individuals by providing information about their specific needs.

**Constituent Services**

Advocates for individuals who are Deaf or hard of hearing.

**Community Outreach and Education**

Includes presentations, provision of training workshops, and booth displays across the State of Maryland.

## **SILC (State Independent Living Council)**

Maryland Statewide Independent Living Council

Phone: 410-554-5412 | Email: [silc@dors.state.md.us](mailto:silc@dors.state.md.us)

Contact: Tonya Gilchrist, Administrative Officer

***Mission Statement:***

The mission of the Division of Rehabilitation Services is to provide leadership and support in promoting the employment, economic self-sufficiency and independence of individuals with disabilities.

***Population Served:***

Individuals with disabilities.

***Services Provided:***

The Maryland Statewide Independent Living Council (MSILC) is an advisory, planning and advocacy group that promotes independent living services across the state of Maryland. The Council is composed of individuals with disabilities, representatives of advocacy groups and service providers from public and private agencies. DORS provides support and technical assistance to the MSILC.

These are the Council's goals for people with disabilities:

- Expand and enhance resources for personal assistance services and respite care.
- Increase public awareness of and access to assistive technology.
- Expand and improve housing opportunities.
- Increase transportation opportunities.
- Increase recreation and leisure activities.



- Create a statewide network of Maryland independent living centers.
- Empower people with disabilities to act as self-advocates.

***Application Process:***

Contact the SILC at number provided.

## ***National Agencies***

### **U.S. Department of Health and Human Services Office on Disability**

U.S. Department of Health & Human Services  
200 Independence Avenue, S.W., Room 637D, Washington, D.C. 20201  
Phone: 202-401-5844 | TTY: 202-205-8280  
Website: [www.hhs.gov/od](http://www.hhs.gov/od)

***Services Provided:***

Oversees the implementation and coordination of disability programs, policies and special initiatives. The Office on Disability focuses its efforts on seven areas: community integration, education, employment, health, housing, technology, and transportation.

### **U.S. Social Security Administration**

Social Security Administration  
Office of Public Inquiries  
Windsor Park Building  
6401 Security Blvd, Baltimore, MD 21235 | Phone: 1-800-772-1213  
TTY: 1-800-325-0778  
Website: [www.ssa.gov](http://www.ssa.gov) or [www.ssa.gov/work](http://www.ssa.gov/work)

***SSDI***

Social Security Disability Insurance (SSDI) provides benefits to disabled or blind individuals who are "insured" by workers' contributions to the Social Security trust fund.

***SSI***

The Supplemental Security Income (SSI) program makes cash assistance payments to aged, blind, and disabled individuals (including children under age 18) who have limited income and resources. SSI benefits also are payable to people 65 and older without disabilities who meet the financial limits.

### ***Ticket to Work and Work Incentives Program***

If you are interested in working, the Ticket to Work Program is the key to unlocking vocational rehabilitation, training, job referrals, and other ongoing support and services to help you reach your employment goals. The program is available for people who are between the ages of 18 and 65 and receive Social Security Disability Insurance (SSDI) or Supplemental Security Income (SSI) benefits because they are disabled or blind.

You can take your Ticket to any Employment Network (EN) or State Vocational Rehabilitation (VR) agency to request assistance in job training, preparing materials to use to finding a job, locating employers, information about work incentives and other assistance in you may need in order to go to work.

## ***Miscellaneous***

### **Disability and Business Technical Assistance Center (DBTAC) Mid-Atlantic Americans with Disabilities Act (ADA) Center**

451 Hungerford Drive, Suite 607  
Rockville, MD 20850  
Toll Free: 800-949-4232 V/TTY (DC, DE, MD, PA, VA, WV)  
Local: 301-217-0124 V/TTY | Fax: 301-217-0754  
Website: [www.adainfo.org](http://www.adainfo.org)

Provides a toll-free line staffed by specialists who can answer specific questions on the ADA. Callers also may order materials from the Center's extensive library of ADA and disability-related publications. Provides free or low-cost training programs to help employers, service providers and businesses understand and comply with the law.

### **Disability Information**

Website: [www.disabilityinfo.gov](http://www.disabilityinfo.gov)

DisabilityInfo.gov is a comprehensive online resource designed to provide people with disabilities with quick and easy access to the information they need. With just a few clicks, the site provides access to disability-related information and programs available across the government on numerous subjects, including benefits, civil rights, community life, education, employment, housing, health, technology and transportation.

### **How to File a Complaint**

#### **Americans with Disabilities Act - Department of Justice-Civil Rights Division**

U.S. Department of Justice  
950 Pennsylvania Avenue, NW., Civil Rights Division.,

Disability Rights Section-NYAV  
Washington, DC 20530

ADA Information Line: Phone: 800-514-0301 TTY: 800-514-0383  
Website: [www.usdoj.gov](http://www.usdoj.gov) or [www.ada.gov](http://www.ada.gov)

The ADA prohibits discrimination on the basis of disability in employment, State and local government, public accommodations, commercial facilities, transportation, and telecommunications. Federal programs and buildings are covered by the Rehabilitation Act of 1973 and it also applies to the United States Congress.

## **Job Accommodation Network (JAN)**

PO Box 6080, Morgantown, West Virginia 26506-6080  
Phone: 800-526-7234 | TTY: 877-781-9403 | Website: [www.jan.wvu.edu](http://www.jan.wvu.edu)

Funded by the Office of Disability Employment Policy of the U.S. Department of Labor, JAN is a free consulting service that provides information about job accommodations and the employability of people with disabilities. Jan also provides information regarding the Americans with Disabilities Act (ADA).

## **Learning Independence Through Computers (LINC)**

1001 Eastern Avenue, 3rd Floor  
Baltimore, Maryland 21202  
Phone: 410-659-5462 or 410-659-5462 | TTY: 410-843-0219  
Website: [www.linc.org](http://www.linc.org)

A non-profit computer resource center located in Baltimore that provides opportunities for people with disabilities, their families, professionals, and members of the business community to explore adaptive technology, computer systems, software, and the Internet.

## **National Dissemination Center for Children with Disabilities**

P.O. Box 1492, Washington, DC 20013  
Phone/TTY: 800-695-0285 | Website: [www.nichcy.org](http://www.nichcy.org)

Serves the nation as a central source of information on: Disabilities in infants, toddlers, children, and youth, IDEA, which is the law authorizing special education, No Child Left Behind (as it relates to children with disabilities), and research-based information on effective educational practices. (In both English and Spanish.)