

## **Health-Related Services and Supports**

### **Overview of Services**

The three programs, Community Options Waiver (CO), Community First Choice (CFC), and Community Personal Assistance Service (CPAS), each provide some of the following services. Please refer to each program for which services are provided under that program.

### **Assisted Living**

Assisted Living is a residential program that provides housing and supportive services for individuals who need assistance in performing activities of daily living, such as eating, toileting and dressing. Assisted living facilities may be licensed to provide up to three levels of care. Individuals determined eligible for CO Waiver services may receive Level 2 or Level 3 care. A resident who needs Level 2 care would be expected to require substantial support with some of the activities of daily living, monitoring to manage behavioral difficulties, and assistance with taking medications. Level 3 residents would be expected to need a higher level of care including intensive supervision. Providers must agree to accept the lesser of their usual and customary charge or the Medicaid rate. Providers must also accept a 25% reduction in payment if resident attends a medical adult day care. Participants retain \$76 for personal needs and all other income must be paid to the provider. The provider must be licensed and enrolled as a Medicaid provider to participate.

### **Personal Assistance Services**

Include a range of assistance provided by another person that enables the recipient to accomplish tasks they are unable to perform independently. Such assistance is usually related to activities of daily living and instrumental activities of daily living.

### **Nurse Monitoring Services**

Provided by a nurse from the local Health Department to oversee personal assistance services.

### **Supports Planning Services**

Assistance with the coordination of community services and supports from various organizations to aid participants in developing a comprehensive plan for community living.

### **Environmental Assessment**

On-site assessment of an assisted living facility, home or other residence where the participant lives by a qualified occupational therapist to determine what environmental modifications or assistive devices may be necessary to ensure the safety of the participant.

### **Environmental Accessibility Adaptations**

Physical adaptations to a participant's home or residence which are necessary to ensure the health, welfare and safety of the individual or enable the individual to function with greater independence, without the individual requiring admission to or continued stay in a nursing facility.

### **Assistive Technology**

Include equipment or appliances necessary to facilitate a participant's independence, such as extenders to assist with reaching and special eating instruments.

### **Behavior Consultation Services**

Include home visits by a qualified professional to evaluate and recommend treatment for a participant with disruptive or potentially dangerous behavior that places the participant at risk of institutionalization.

### **Respite Care Services**

Services provided to individuals unable to care for themselves, furnished on a short-term basis because of the absence or need for relief of persons normally providing the care.

**Personal Emergency Response System**

A device enabling a participant to secure help in an emergency situation.

**Home Delivered Meals**

Weekday delivery of one or two meals to a participant's home.

**Dietitian & Nutritionist Services**

Includes home visits by a licensed dietitian or nutritionist to assess and assist participants and their caregivers with menu planning for participants with special dietary needs.

**Family & Consumer Training**

Includes home visits by a professional to train family members in their caregiving roles, or to train a participant in self-directing his or her own care.

**Medical Adult Daycare**

A program of structured group recreational activities, medically supervised care, assistance with activities of daily living and instrumental activities of daily living, and enhanced socialization provided in an out-of-home, outpatient setting. One nutritional meal is also included.

**Senior Center Plus Services**

A program of structured group recreational activities, supervised care, assistance with activities of daily living and instrumental activities of daily living, and enhanced socialization provided in an out-of-home, outpatient setting. One nutritional meal is also included.