



Rich History, Bright Future
**Frederick County
Government
Frederick, Maryland**

News Release

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Executive Gardner Releases Seniors First Report and Recommendations

FREDERICK, MD – Frederick County Executive Jan Gardner today accepted the final report of her Seniors First committee that had been charged with re-visioning and reshaping the delivery of senior services to meet the needs of a rapidly growing senior population in Frederick County. The group made more than 30 recommendations in its report. Among them were ways to elevate senior issues, explore ways to collocate with partner agencies to create a “one-stop shop” of senior services and collaborate with Parks and Recreation to take the lead on exercise and recreation classes. The report can be found at www.FrederickCountyMD.gov/SeniorsFirst.

“We are planning for the future and how to best meet the needs of a large demographic shift. The Seniors First initiative has some excellent ideas to help us meet the needs of our growing population of seniors so they can maintain the quality of life they enjoy in Frederick County,” said Executive Gardner. “I want to thank our co-chairs Melanie Cox and Cindy Powell, as well as the whole committee, for their time and creative solutions.”

In Frederick County, senior citizens are anticipated to grow twice as fast as the nation as a whole, twice as fast as the State of Maryland, and twice as fast as the State of Florida. After the next four years, Frederick County will be home to more people over age 60 than school-aged children. This major shift in demographics is why Executive Gardner made seniors one of her four key priority areas, along with education, jobs and community needs.

The County Executive further emphasized that creating a new division for senior services will elevate the focus on seniors and provide staff with opportunities to explore new ideas and partnerships and be “champions of the county’s growing senior population.”

For more information about the [Seniors First](#) report, contact Special Administrative Director Margaret Nusbaum at 301-600-7700 or via e-mail at mnusbaum@FrederickCountyMD.gov.

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