



News Release

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County Executive Gardner Announces Live Healthy Initiative & Prescription Discount Drug Program

FREDERICK, MD – Frederick County Executive Jan Gardner today announced two new programs to save citizens money. The National Association of Counties' *Live Healthy* initiative has expanded beyond the free discount prescription program and now includes low-cost health and dental discount programs.

"Everyone deserves an opportunity to live healthy and have a bright future!" said Executive Gardner. "Our residents can see significant savings in the high cost of prescription medications by simply presenting the discount card. It is free to all county residents and can lower the cost of prescriptions even to people with insurance. I am pleased that Frederick County will participate in the Live Healthy Initiative and will expand the program to include low-cost health and dental discount coverage."

Due to current uncertainty about the future of health care, Executive Gardner today enrolled the county in the expanded program so uninsured and underinsured citizens can benefit from savings on dental procedures like exams, fillings, and dentures; vision services including frames, contacts, and Lasix; hearing aids, and some lab and imaging services. The program will be available in approximately 10 weeks.

Thousands of Frederick County citizens have used the prescription discount card since Executive Gardner helped launch the program in 2006. They have saved, on average, more than 26% off the cost of their medications. Last year, the average savings in Frederick County was 33%. Over the past decade, NACo's discount card program has saved county residents over \$5 million.

The discount drug program saves residents money on medications when their prescriptions are not covered by insurance. The county offers the prescription discount card at no cost to the county or to citizens through its membership in NACo. There is no enrollment form, no membership fee and no restrictions or limits to use the discount card.

The cards may be used by all county residents, regardless of age, income or existing health coverage, and are accepted at 50 county pharmacies, including independent drug stores as well as major drug store chains and pharmacies located in grocery stores. The card can even be used on prescriptions for pet medications.

The county will soon announce additional details about how to participate in the low-cost health and dental discount programs.

Residents may print an ID card at www.nacorex.org. Cards are also available at public libraries, senior centers, Winchester Hall, the Health Department and the Frederick Community Action Agency. County residents can call toll-free 877-321-2652 or visit www.nacorex.org for assistance with the program, which is administered by CVS Caremark.

Learn more by visiting www.NACoHealth.org or www.FrederickCountyMD.gov/RXcard.

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