



## FREDERICK COUNTY GOVERNMENT

### DIVISION OF CITIZENS SERVICES

Department of Aging

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County Executive

Monica L. Grant, Director  
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# News Release

FOR IMMEDIATE RELEASE:  
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## Department of Aging to Begin Monthly Community Outreach in Middletown

*Program Specialists Will Provide Information and Assistance to Seniors on Medicare Benefits, Housing Options and Other Federal and County Benefits and Services*

FREDERICK, MD -- The Frederick County Department of Aging today announced that it will hold monthly community outreach services in Middletown, Md., beginning on May 7 at [Middletown Town Hall](#). Program Specialists will be onsite the first Monday of every month from 1-3:30 p.m. to answer questions, provide information and provide application assistance to seniors, their families and caregivers on Medicare benefits, housing options, medical and dental services, the Meals on Wheels program and other county services and resources. Middletown Town Hall is located at 31 West Main Street in Middletown.

“Upgrading county services and bringing them directly to the people has been a huge step forward these past four years,” said County Council Member Jerry Donald (District 1). “I’m certain the residents of the Middletown area will benefit greatly from taking advantage of this opportunity.”

“On behalf of the residents of Middletown, I want to say how thankful I am that the Department of Aging has been able to expand its reach and bring its valuable services to our seniors,” commented Burgess of Middletown John Miller. “I hope we continue to work together creatively to provide seniors in our region these types of flexible, walk-in services to better meet their needs.”

Department of Aging Director Carolyn True said, “To help more seniors throughout Frederick County learn about and apply for government benefits and county services for which they may be eligible, we are reaching out into the county geographically to provide walk-in informational services and application assistance. The Town of Middletown is the first municipality for this expanded outreach, and we are pleased to be working with Burgess Miller and his staff to offer assistance to Middletown citizens.”

Federal and county services, benefits and resources that trained program specialists will be onsite to help seniors with include:

- Medicare benefits and Medicare rights
- State Health Insurance Program

(more)

- Assistance with Medicare billing and billing problems
- Filing Medicare appeals
- Medicare D counseling and assistance
- Assistance with denials, appeals and grievances
- Medicare advantage plans
- Medical needs and equipment such as hearing aids, eyeglasses and other durable medical equipment
- Applications for homeowner's and renter's tax credits
- Assistance with energy and utility bills
- Frederick County Senior Tax Credit
- Frederick County Homeowner Tax Credit supplement.

For more information about department services in Middletown, contact Ian Zile at [izile@FrederickCountyMD.gov](mailto:izile@FrederickCountyMD.gov) or call 300-600-3572.

The Frederick County Department of Aging is located within the Frederick County Division of Citizens Services and develops and administers programs and activities that support older adults and adults with disabilities in their efforts to remain healthy, active and independent members of the community. It also provides, coordinates and advocates for services which promote the dignity and enrichment of life for all seniors, persons with disabilities, families and caregivers.

For more information, visit [www.FrederickCountyMD.gov/aging](http://www.FrederickCountyMD.gov/aging) or call the department at 301-600-1605.

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