



## FREDERICK COUNTY GOVERNMENT

### DIVISION OF EMERGENCY MANAGEMENT

Department of Emergency Preparedness

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# News Release

FOR IMMEDIATE RELEASE:  
December 20, 2018

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## Frederick County Emergency Responders to Conduct Community Preparedness Seminar – Jan. 12

FREDERICK, MD – Frederick County Emergency Responders will conduct a free community preparedness seminar on Jan. 12, 2019, from 7:30 a.m. – 1 p.m. at the Public Safety Training Facility, 5370 Public Safety Place. Attendance will be restricted to the first 80 registrants and will be closed on January 4, 2019.

Visit [www.tinyurl.com/FCEmergencyPreparedness2019](http://www.tinyurl.com/FCEmergencyPreparedness2019) to register for the seminar.

The Department of Fire & Rescue Services, Frederick County Department of Emergency Management, Frederick County Health Department, Frederick County Sheriff's Office, Frederick County Volunteer Fire & Rescue Association, The City of Frederick Police Department, Maryland State Police and Maryland Department of Health have partnered to provide the emergency preparedness training in response to requests by county citizens.

The classes will include: welcome and emergency preparedness planning; Civilian Response to Active Shooter Events (CRASE); Stop the Bleed training; hands-only CPR (non-certificate class); Naloxone/Narcan© training, closing remarks and the issuance of certificates of participation.

The opening will introduce the instructors and provide information on how to prepare for emergency and disaster situations. The CRASE training topics include the history and prevalence of active shooter events, civilian response options, medical issues and considerations for conducting drills.

Stop the Bleed training, a White House initiative launched October 2015, is intended to cultivate grassroots efforts that encourage bystanders to become trained, equipped and empowered to help in a bleeding emergency before professional help arrives. No matter how rapid the arrival of professional emergency responders, bystanders will always be first on the scene. A person who is bleeding can die from blood loss within five minutes, therefore it is important to quickly stop the blood loss. Those nearest to someone with life threatening injuries are best positioned to provide first care.

The Cardio Pulmonary Resuscitation (CPR, hands only) class will provide non-certificate training in this lifesaving skill. Bystander hands only CPR provided after cardiac arrest can significantly increase the victim's chance of survival.

Naloxone/Narcan© is a prescription medicine that reverses an opioid overdose. Naloxone is safe and effective and has been used by emergency medical professionals and doctors for decades. Training will include: types of opioids, how to recognize an opioid overdose, how to administer Naloxone and resources for family members, friends and loved ones.

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