



FREDERICK COUNTY GOVERNMENT

DIVISION OF SENIOR SERVICES

Jan H. Gardner
County Executive

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News Release

FOR IMMEDIATE RELEASE:
June 21, 2019

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Senior Services Division Partners with Maryland Ensemble Theatre to Offer Drama Classes

Let MET Generations bring the arts to life for Golden Agers!

FREDERICK, MD – The [Maryland Ensemble Theatre](#) is partnering with the Frederick County Senior Services Division to offer drama classes and workshops at all four senior centers. The program, called “MET Generations Theatre for the Golden Agers,” will run through next June and feature a grand finale of senior theatre performances at the MET.

“We’re very excited to offer this exceptional opportunity for older adults who may have acted in high school or college, enjoy attending theatre, or have always had a desire to perform,” commented Division Director Kathy Schey. “As added incentive to join in the fun, there will be no memorizing of lines, as the plays are performed with scripts in hand.”

Maryland Ensemble Theatre’s professional staff of artists will work with seniors as they audition for a play, go through a rehearsal process, discover their character, explore acting techniques, finesse storytelling and conclude with a full production. Each theatre troupe will perform two public performances for family and friends at the end of the class.

The program will last for 6-10 weeks from 10 – 11 a.m. Dates and locations include:

- Mondays, starting July 8: Frederick Senior Center, 301-600-3535
- Tuesdays, starting July 9: Urbana Senior Center, 301-600-7020
- Wednesdays, starting July 10: Brunswick Senior Center, 301-834-8115
- Thursdays, starting July 11: Emmitsburg Senior Center, 301-600-6350

Studies show that performing arts can help maintain and improve memory, build community and social opportunities, and reduce loneliness and isolation. Another demonstrated result is that that theatre experience gives individuals who are dealing with dementia better non-verbal communication tools.

Thanks to the collaboration between the Senior Services Division and the MET, and a grant from the Maryland Department of Aging, the cost to participate is only \$5 per individual. Registration may be done at any senior center or by visiting www.tinyurl.com/SeniorServicesEStore.

To find out more about MET Generations, contact Home and Community Connections Director Kitty Devilbiss at 301-600-3523 or via e-mail at kdevilbiss@FrederickCountyMD.gov.

For information about the Senior Services Division, call 301-600-1234 or visit www.FrederickCountyMD.gov/SeniorServices.

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