

# WE DESIGN 2020: USING SCIENCE TO IMPROVE OUTCOMES FOR CHILDREN IN STRESSFUL TIMES

FREE VIRTUAL SERIES  
OFFERED BY THE FREDERICK  
INTERAGENCY EARLY  
CHILDHOOD COMMITTEE  
AND THE FREDERICK COUNTY  
ACES WORKGROUP WITH  
FUNDING FROM THE  
MARYLAND STATE  
DEPARTMENT OF EDUCATION  
AND THE FREDERICK COUNTY  
OFFICE FOR CHILDREN AND  
FAMILIES

**TUESDAY, NOVEMBER 17 &**

**THURSDAY, NOVEMBER 19**

**8:30 – 10:00 am**

Pick up materials:

Friday, 11/13 & Monday, 11/16

Continuing education credits requested.

Register for the series:

<https://bit.ly/31uRKPI>



## Learning Objectives

- Understand the emerging science of brain development
- Learn the impact of toxic stress and chronic adversity with a focus on local data and current contexts
- Learn the science of resiliency, including benefits & strategies to reduce and buffer sources of stress
- Learn and practice applying three design principles for the greatest impact on healthy development

Participants will have the opportunity to APPLY as a team to co-create a pilot project on family engagement with facilitators from the Harvard Center in 2 small group design sessions in January '21.

