

## Frederick County Government - Contact Sheet

Last updated: 2/13/2025

Contacts for Frederick County Government's Members	
<b>RetireeFirst Advocacy Line</b> (301) 685-3471 or toll-free (800) 558-8157	First line of defense for any issues/inquiries retirees may have
<b>Customer Service</b> (833) 939-4103	Available Monday through Friday from 8am to 6pm for general medical benefit inquiries
<b>Pharmacy Services</b> (888) 970-0917	Available 24/7 for inquiries related to drug coverage
<b>Vision (provided by Davis)</b> (888) 573-2990	For general inquiries on vision benefits and coverage in your area
<b>Hearing (provided by Nations)</b> (877) 246-1666	For general inquiries on hearing benefits and coverage in your area
<b>Porter Health</b> (800) 558-9922 <a href="http://helloporter.com">helloporter.com</a>	For health concierge services/dedicated care including in-home visits and navigating plan benefits.
<b>Silver Sneakers</b> (888) 313-5693 <a href="http://SilverSneakers.com/StartHere">SilverSneakers.com/StartHere</a>	For fitness activities/centers available in your area as well as on-demand fitness available at no additional cost.
<b>CloseKnit Virtual Care</b> <a href="http://closeknithealth.com">closeknithealth.com</a> or via mobile app	Virtual care available 24/7 that offers primary care, urgent care, behavioral health, and diet and nutrition services
<b>24-Hour Nurse Advice Line</b> (833) 968-1773	For general questions about health issues or where to go for care
<b>Important Sites:</b> <ul style="list-style-type: none"> <li>- <a href="http://carefirst.com/myaccount">carefirst.com/myaccount</a> - MyAccount member portal</li> <li>- <a href="http://carefirst.com/frederickgovt">carefirst.com/frederickgovt</a> - Frederick County Government's Retiree CareFirst site</li> <li>- <a href="http://www.blue365deals.com">www.blue365deals.com</a> - Discounts on fitness, travel, healthy eating and more</li> </ul>	