

Frederick County Government - Contact Sheet

Last updated: 2/13/2025

Contacts for Frederick County Government's Members	
RetireeFirst Advocacy Line (301) 685-3471 or toll-free (800) 558-8157	First line of defense for any issues/inquiries retirees may have
Customer Service (833) 939-4103	Available Monday through Friday from 8am to 6pm for general medical benefit inquiries
Pharmacy Services (888) 970-0917	Available 24/7 for inquiries related to drug coverage
Vision (provided by Davis) (888) 573-2990	For general inquiries on vision benefits and coverage in your area
Hearing (provided by Nations) (877) 246-1666	For general inquiries on hearing benefits and coverage in your area
Porter Health (800) 558-9922 helloporter.com	For health concierge services/dedicated care including in-home visits and navigating plan benefits.
Silver Sneakers (888) 313-5693 SilverSneakers.com/StartHere	For fitness activities/centers available in your area as well as on-demand fitness available at no additional cost.
CloseKnit Virtual Care closeknithealth.com or via mobile app	Virtual care available 24/7 that offers primary care, urgent care, behavioral health, and diet and nutrition services
24-Hour Nurse Advice Line (833) 968-1773	For general questions about health issues or where to go for care
Important Sites:	
<ul style="list-style-type: none"> - carefirst.com/myaccount - MyAccount member portal - carefirst.com/frederickgovt - Frederick County Government's Retiree CareFirst site - www.blue365deals.com - Discounts on fitness, travel, healthy eating and more 	